

DISABILITY AMONG OLDER ADULTS IN SAME-SEX RELATIONSHIPS

Gilbert Gonzales, MHA
Health Policy & Management
University of Minnesota

Applied Demography Conference San Antonio, TX January 9, 2014

Co-Author

Carrie Henning-Smith, MSW, MPH
Division of Health Policy & Management
University of Minnesota

Outline

- Background
- Data Challenges
- Research Question
- Methods
- Results
- Conclusion

Lesbian, Gay, Bisexual & Transgender (LGBT) Elders

Experienced stigma and discrimination over life course

- Declassification of homosexuality as mental disorder
- Violence
- HIV/AIDS epidemic
- Decriminalization in Lawrence v. Texas
- Repeal of DADT & DOMA
- Same-sex marriage in 18 states

Rarely the focus in aging or disability studies



Three Previous Studies

California Health Interview Study

LGB elders more likely to report a condition that substantially limits one or more basic physical activities such as walking, climbing stairs, reaching, lifting or carrying

Washington State BRFSS & Aging with Pride Study

LGB elders more likely to experience limitations in any activities because of physical, mental, or emotional problems or any health problem that required the use of special equipment

Limitations & Research Gaps

Studies limited in size and scope

- Restricted to individual states: California & Washington
- Few dimensions of disability
- Sometimes no heterosexual comparison
- Non-representative sample of LGB population

Data on sexual orientation & gender identity

- Rarely included on federal or state health surveys
- Almost never ask transgender identity

Why is this research important?

A diverse aging population

The number of LGB older adults will more than double and likely exceed 6 million by 2013

Healthy People 2020 Goals

"Improve the health, safety, and well-being of lesbian, gay, bisexual, and transgender (LGBT) individuals"

LGB elders less likely to have kin caregivers

Gap between health needs and necessary resources may exacerbate disparities

Research Opportunity

What can the American Community Survey tell us about the prevalence of disability among older adults in same-sex relationships?

American Community Survey, 2009-2011

Disability questions updated in 2008

| Cognitive Disability | Having difficult remembering, concentrating, or making decisions because of a physical, mental or emotional problem | | |
|-------------------------------|---|--|--|
| Ambulatory Disability | Having serious difficulty walking or climbing stairs | | |
| Independent Living Disability | Having difficulty doing errands alone such as visiting a doctor's office or shopping because of a physical, mental or emotional problem | | |
| Self-Care Disability | Having difficulty bathing or dressing | | |
| Sensory Disability | Deaf or having serious difficulty hearing; Blind or having serious difficulty seeing, even when wearing glasses | | |

American Community Survey, 2009-2011

Large sample size!

- 3 million people each year
- Leading data resource for same-sex couples

Rich data resource

 Age, race/ethnicity, education, couple's combined income relative to FPG, labor force participation, metropolitan status, biological/adopted/step-child in household

GLB Population in the ACS

Same-sex spouses / unmarried partners

| What is Person 1's sex? Mark (X) ONE box. Male Female | | | | |
|---|--|-----|--|--|
| How is this person related to Person 1? Mark (X) ONE box. | | | | |
| _ | Husband or wife Biological son or daughter Adopted son or daughter | | Son-in-law or daughter-in-law Other relative Roomer or boarder | |
| | Stepson or stepdaughter Brother or sister Father or mother | | Unmarried partner Foster child | |
| 3 WI | Parent-In-law nat is Person 2's sex? Mark (X) ONE by Male Female | ox. | Other nonrelative | |

Limitations to the ACS

Missing Information

- Sexual orientation
- Transgender identity
- Married vs. Unmarried
- Health conditions

Missing Same-Sex Couples

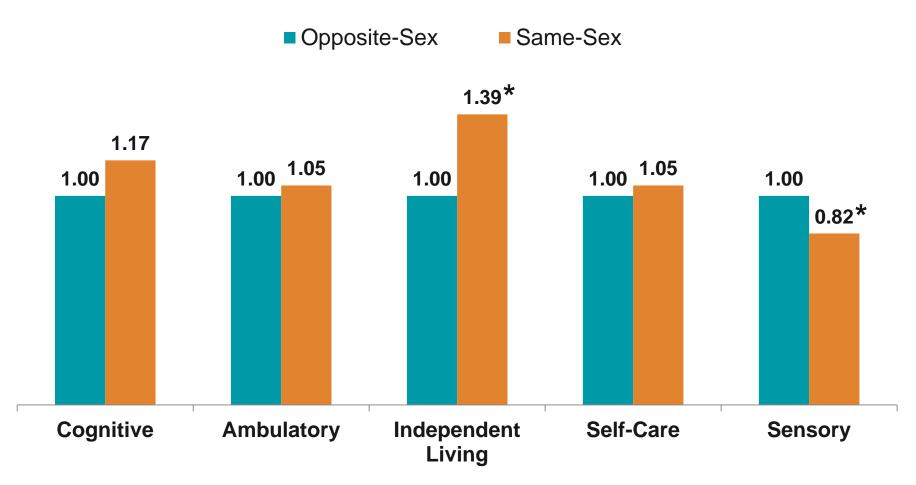
- If identified as roommates or unrelated adults
- If neither is the respondent
- Missing LGB singles
- If in institutionalized or group quarters

Methods

Logistic regression on five disability outcomes

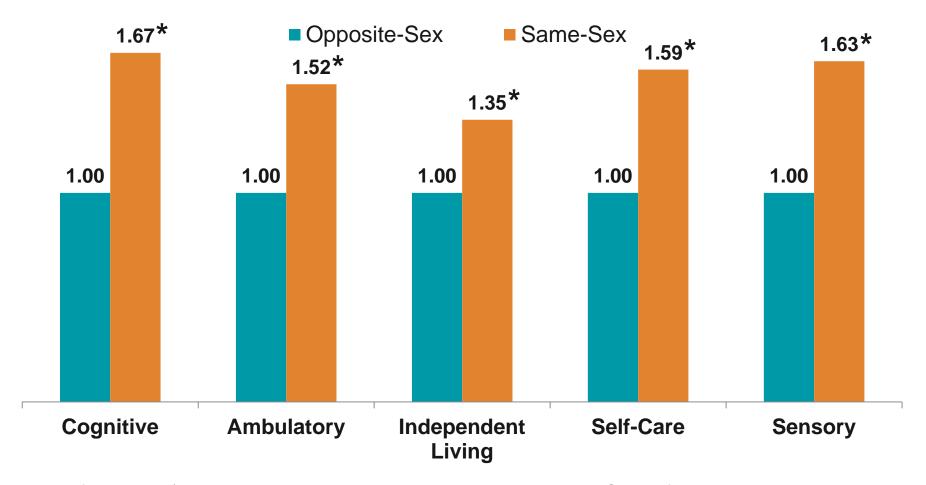
- Older partnered adults (50+ years)
- Same-sex relationships vs. married opposite-sex relationships
- Controlling for demographic and socioeconomic characteristics

Odds Ratios of Disability for Men



Adjusts for age, race/ethnicity, education, couple's combined income relative to FPG, labor force participation, metropolitan status, and child in household. Source: American Community Survey, 2009-2011. * indicates p<0.05

Odds Ratios of Disability for Women



Adjusts for age, race/ethnicity, education, couple's combined income relative to FPG, labor force participation, metropolitan status, and child in household. Source: American Community Survey, 2009-2011. * indicates p<0.05

Why might there be gender differences?

Partnership Bias

50% gay men & 30% lesbian women live alone

Selection Bias

 Lesbian women more likely to report same-sex relationship status compared to gay men

Survival Bias

- Missing widows who lost partners
- Partnered men may be more resilient

Key Findings

- Older women in same-sex relationships more likely to exhibit disability compared to their peers in married opposite-sex relationships
- Gender differences are consistent with data from the NHIS

 Yet, living independently still difficult for older men and women in same-sex relationships

Gilbert Gonzales, MHA

PhD Student Graduate Research Assistant

gonza440@umn.edu

University of Minnesota
School of Public Health
Division of Health Policy & Management



www.shadac.org
@shadac