Applied Demography Conference

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Older persons in Mexico City. The social policies for old age as example in Latin America?.

What is the demography contribution?

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Questions

- What is the experience in Mexico City with the applied demography?
- How was the process?
- We must to report advances?
- What is the impact in the quality of life?
- How this exercise in Mexico City can impact other cities in Latin America?

Abstract

Mexico City is the second most populated and aging in Mexico; it is distinguished from other parts of the country by the levels of social and human development, public and private infrastructure, as well as an old age political agenda very important in Latin America.

From 1997 to 2016, Mexico City has very intense and positive policies to older persons as pension (400 thousands older people are pensioners), food, medical services, vaccines, geriatrics centers, in others.

What is the influence of the demography in the social policies planning for the older persons in Mexico City? What is the opinion of the social civil organizations in the environment, housing, cost of the water, and other public services?

The aim of this paper is to analyze the dimensions where quality of life in older people and human rights in Mexico City is exercised.

How this exercise in Mexico City can impact other cities in Latin America?

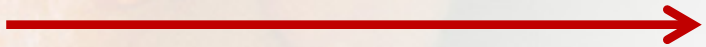
First World Aging Meeting, 1982 (UNO)

In Vienna:

- Aging in developed countries was analyzed
- Instrumentation of political of protection social and security social
- Plans of international action → research centres on Aging, Gerontology (interdisciplinary) in developed countries.
- Consensus on the health and economic well-being in 46/52 countries around the world (Heisel, 1989).
- The challenge not only was demographic without political and economic. HUMAN RIGHTS, citizenship and quality of life issues (Montes de Oca, 2003).

Surveys and Census in Mexico: sociodemographic knowledge

- The first studies of older persons in Nuevo León state (1991).
- In 1993 National Population Council and Family Development Office (DIF) made the first survey on aging (*National Survey on the Socio-demography Aging*).

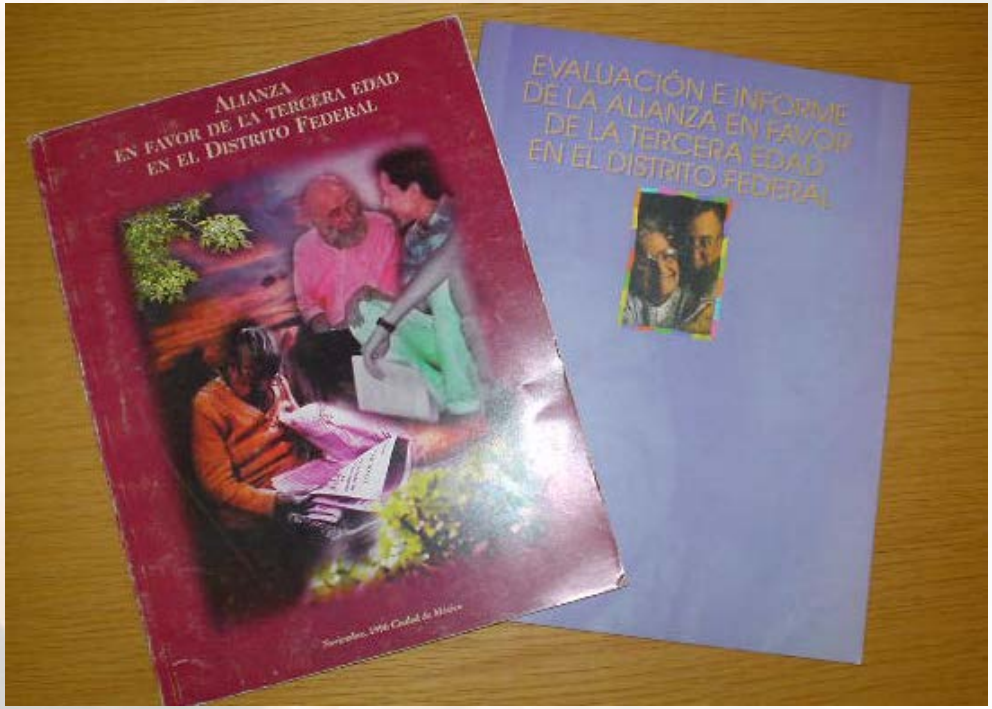


- Census and intercensal survey 2000, 2005, 2010 and 2015 with a better information of older persons 60 years and older.
- Recently MHAS Mexican Health Aging Survey 2001, 2003, 2011, 2012 y 2015 and other surveys (20).

In 1996 Mexico city have the first socio-demographic and the social policy diagnostic about older persons

Main topics:

Mortality, morbility, psico-geriatrics, households, social policy, economic participation, social security, age and sex distribution, rights, social supports, etc.



Was the first document with this information in Latino American countries

International Pronouncement

- 1991 y 1999. **International year of older persons. Topic**: "Towards a society for all ages"
  - Individual Development in all the stages of the life.
  - Promote Intergenerational relationships
  - Promote actions on aging and development (Social and economic inclusion)
  - Improve the conditions of life of the older people
  - Is tried of overcome the cross-national vision of the aging and think in cohort and generation
  - Search security and dignity with approach of rights
  - Create more knowledge of aging, systematization and management of sources of information up date, quantitative and qualitative methodological

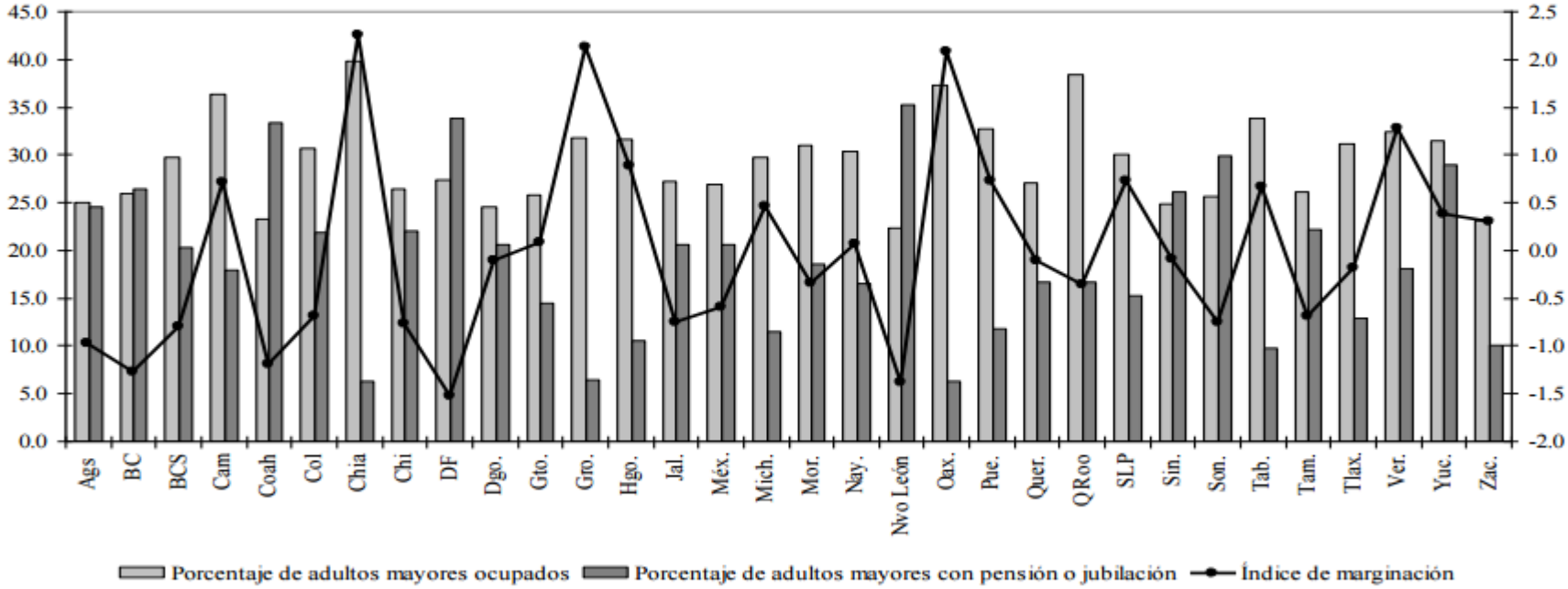
Civil Society Participation in Old Age Policy in Mexico City, 1999

- **New Government with social perspective comes in 1997.**
- **Mexico City Government adherence to the international year of the elderly (1999).**
- **Forum for discussion on the older persons condition in Mexico City.**
- **Books and videos (without internet)**

Social participation in the process

- **Civil Society Organizations for older persons**
- **Public Universities**
- **Governmental Departments (National and Local)**
- **Mass Media (Journals ,TV and Radio)**
- **Congresists**

Economic participation, pensioners, and marginalization in states of Mexico, 2000



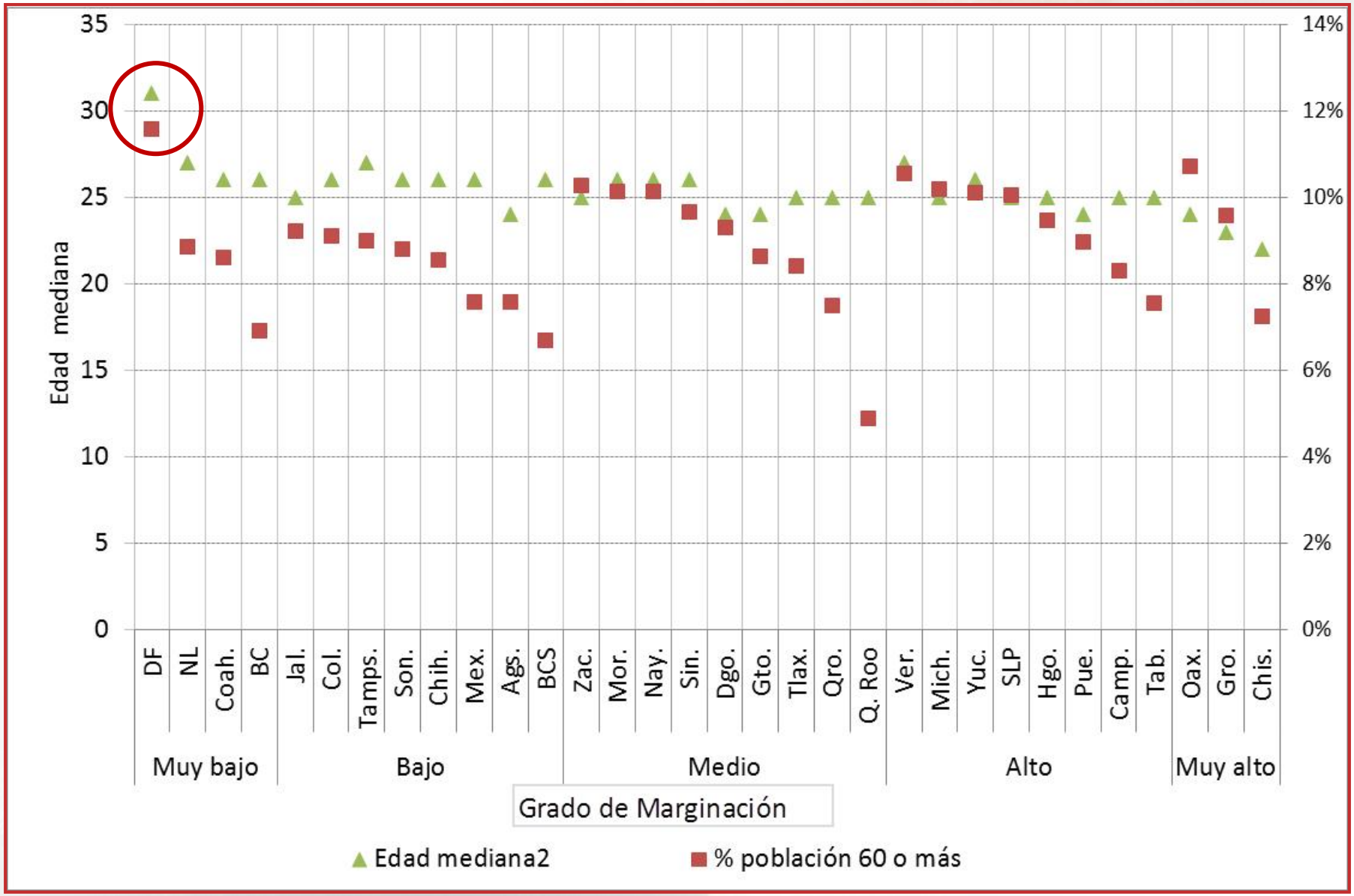
Fuente: elaboración propia con datos del XII Censo General de Población y Vivienda 2000, Instituto Nacional de Estadística y Geografía (INEGI) e Índices de Marginación calculados por el Consejo Nacional de Población (Conapo).

Second World Aging Meeting, 2002

In Madrid:

- Focus in developing countries: governmental and non governmental actions
- More aging and speed effects.
- Civil Society Integrated (World Forum of NGO's), Church, Private Enterprises, etc.
- Main Topics: poverty, health policies, gerontological and geriatric interventions, public and private sector, human rights in old age, gender, discrimination, rural issues, intergenerational relationships, housing, families, communities and social networks.

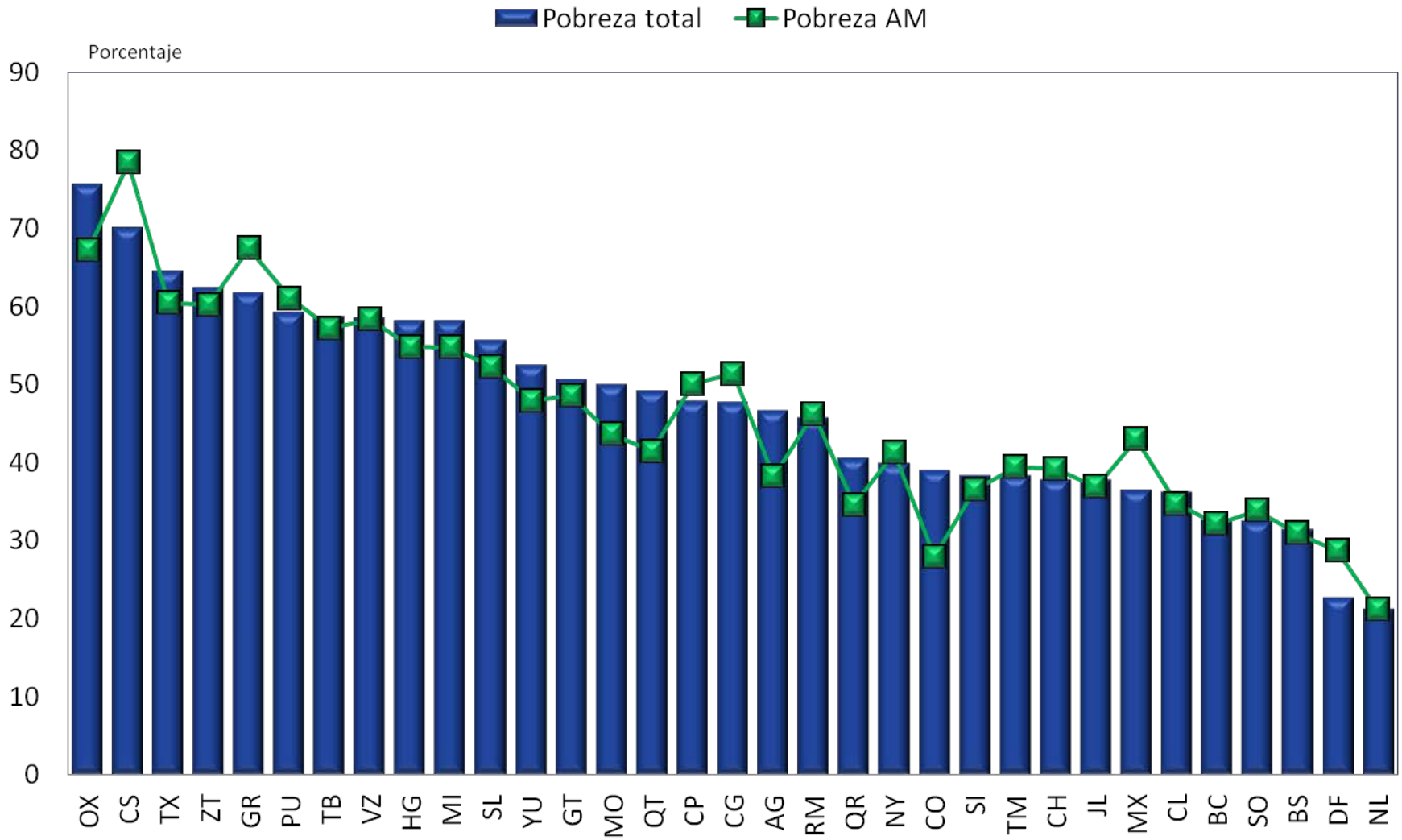
Marginalization Grade and Aging by State, 2010.



Census of Population and Assessment Of The Political of Social Development

- Little more than 10 million people 60 years and more = 9% of a population of 112 million.
- Mexico lives a feminization of aging
- Six of every ten elderly adult women do not receive retirement or pension.
- The half of the older people population no have retirement and is located in situation of poverty.
- 3.5 millions of women and men older persons are in poverty.
- The women have a greater life expectancy.
- A greater part of them will live with any disease chronic, and difficulties to perform activities of the life daily.

Poverty in the total population and the older persons by states, México 2010.

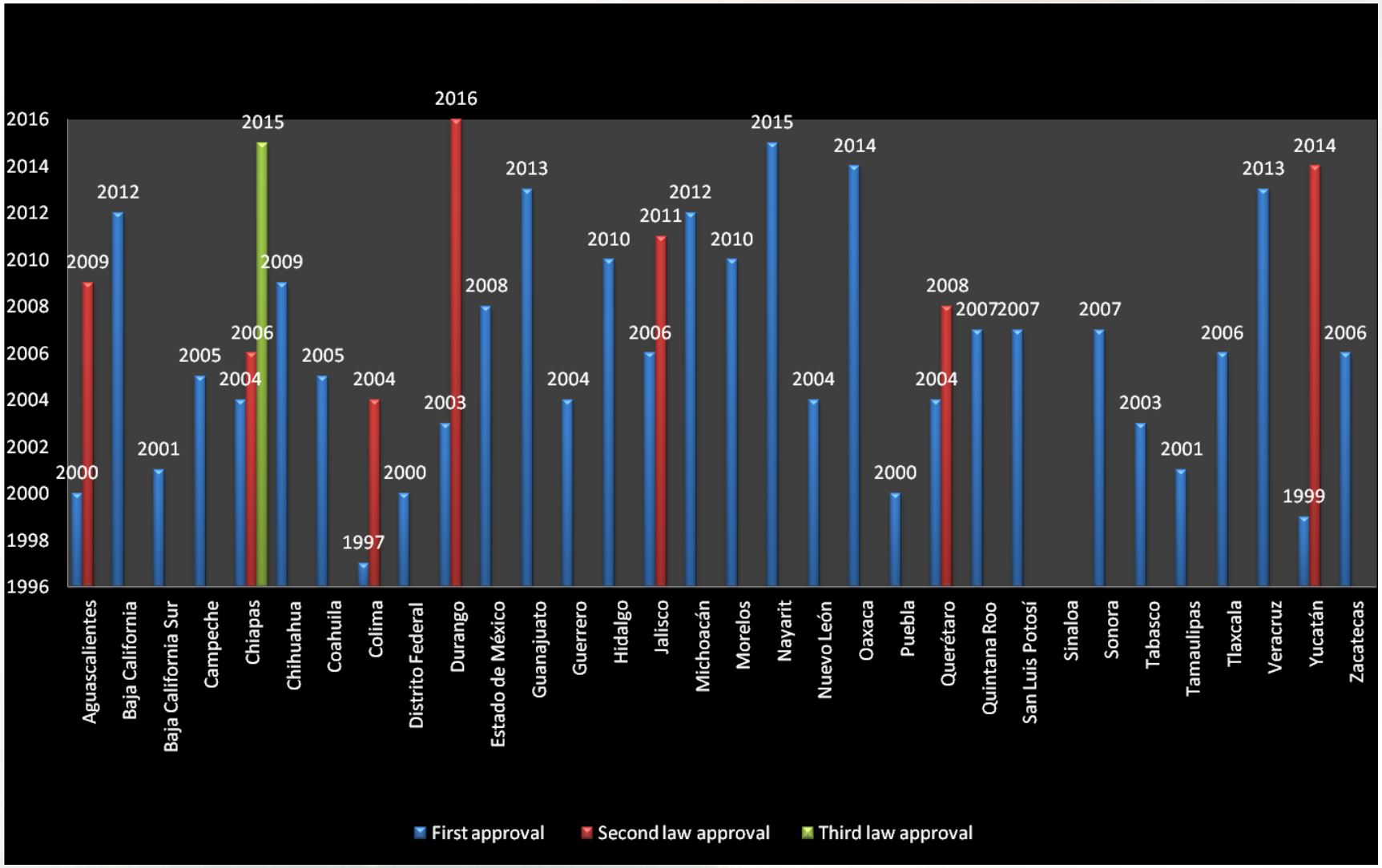


Fuente: estimaciones del CONEVAL con base en el MCS-ENIGH 2010.

Sociodemographic contribution toward aging

- Empowerment of the social group of older adults
- Social awareness about the stage of old age, vulnerability, and active role of elders
- Awareness institutional of the needs of the older (transversality)
- Dignity of the old age
- Legitimation of the study of aging at universities
- New programs and law for older persons

Older Person Law in Mexico, 2015



Research contribution to social development (I)

- More information statistics
- New research with quantitative and qualitative methodologies.
- Institutional Networks with NGO's, public and private institutions and universities
- NGO's Networks
- Public Institution Networks
- Interdisciplinary Science Networks
- Improvement Human resources

Modalidades de allegamiento residencial en la población adulta mayor argentina y mexicana: determinantes socioeconómicos y diferencias regionales*

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Prince et al. SpringerPlus (2016) 5:258
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The economic status of older people's households in urban and rural settings in Peru, Mexico and China: a 10/66 INDEP study cross-sectional survey

Martin J. Prince[1*], Peter Lloyd-Sherlock[2], Mariella Guerra[3], Yueqin Huang[4], Ana Luisa Sosa[5], Richard Uwakwe[6], Isaac Acosta[5], Zhaorui Liu[4], Sara Gallardo[7], Maelenn Guerchet[1], Rosie Mayston[1], Veronica Montes de Oca[8], Hong Wang[4] and Peter Ezeah[9]

NOTAS DE
Población

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Gerardo Núñez Medina

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Leandro M. González

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Sagrario Garay Villegas, Verónica Montes de Oca Zavala, Mirna Ibáñez Martínez

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Rodrigo Rivera-Castillano, Jerson Spijker

Transnational Aging: Disparities Among Aging Mexican Immigrants

Verónica Montes de Oca, San Juanita García and Rogelio Sáenz

In memoriam María Rita García (1949-2011)

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The Linkage of Life Course, Migration, Health, and Aging: Health in Adults and Elderly Mexican Migrants

Verónica Montes de Oca, PhD[1], Telésforo Ramírez García, PhD[2], Rogelio Sáenz, PhD[3], and Jennifer Guillén, MS[4]

Population Ageing
DOI 10.1007/s12062-014-9099-2

Social Support and Social Networks Among the Elderly in Mexico

Sagrario Garay Villegas · Verónica Montes de Oca Zavala · Jennifer Guillén

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Living Arrangements and Aging in Mexico: Changes in Households, Poverty and Regions, 1992-2009

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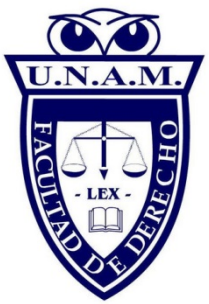
Research contribution to social development (2)

- Contribution to the Social Knowledge.
- Empowerment of the gerontology approach in the design of social and public policies towards older adults.
- Replicates experience in Latin America.
- Integration of multiple dimensions of analysis of older adults (households, economic participation, active perception of old age, social networking and community, political, among others).

How this exercise in Mexico City can impact other cities in Latin America?

Inter American Convention for **Protect** the *Human Rights* in Older Persons By American States Organization



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Thank you very much¡¡

Visita: http://seminarioenvejecimiento.unam.mx/

A society that dignified old age is a society which ensures the dignity of their future

VMO