

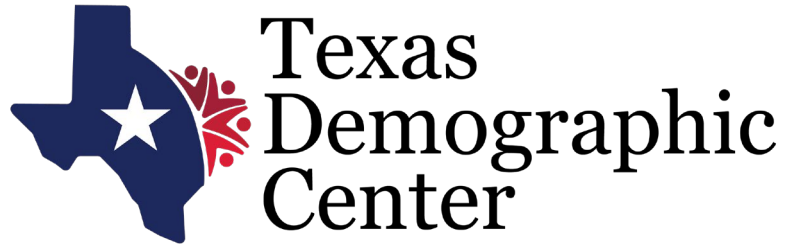
Demographic Trends and Characteristics for the Aging Population in Texas

December 18, 2024

Presented to:

**Texas Health and Human Services Statewide
Interagency Aging Services Coordinating Council**





State Demographer

Lloyd B. Potter, PhD

Affiliated with

The University of Texas at
San Antonio

Institute for Demographic
and Socioeconomic
Research (IDSER)

Major Function

Produce annual population estimates and biennial population projections

Other Services

- Disseminate demographic and socioeconomic information from the Census Bureau and other reliable sources.
- Provide training and technical expertise.
- Custom data analyses.

Partnerships

- U.S. Census Bureau
- TDC Affiliates

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Population Growth and the Drivers of Growth



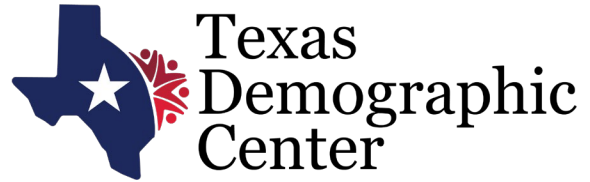
Senior Population in Texas



A Look into the Future



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Population Growth and the Drivers of Growth

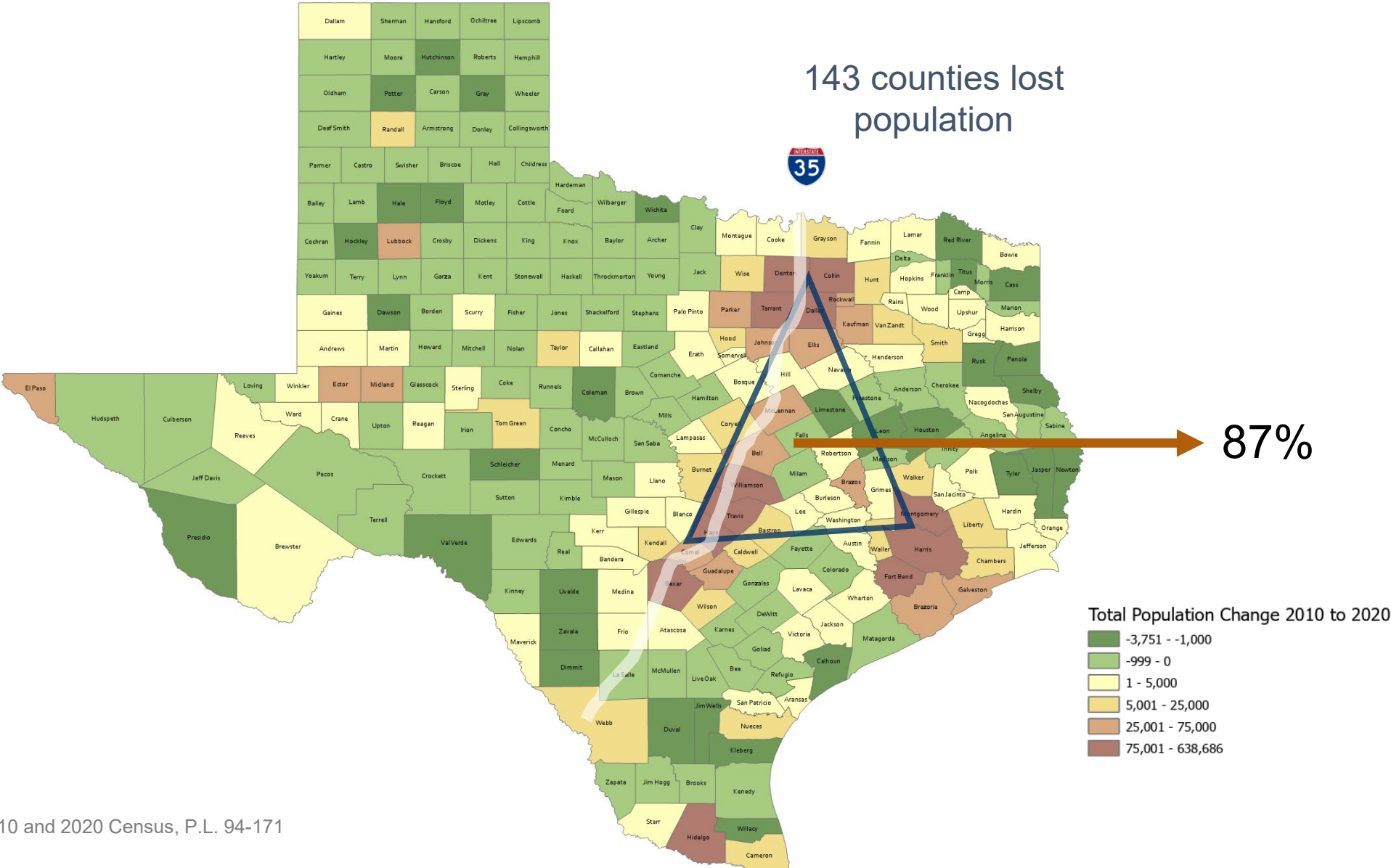


States with Most Population Growth, 2020 to 2023

Geographic Area	Population Estimate (as of July 1)				Change 22-23	Rank Change 22-23	Pct. Change 22-23	Rank Pct. Change 22-23
	2020	2021	2022	2023				
United States	331,511,512	332,031,554	333,287,557	334,914,895	1,643,484		0.5%	
Texas	29,234,361	29,561,286	30,029,848	30,503,301	473,453	1	1.6%	3
Florida	21,591,299	21,830,708	22,245,521	22,610,726	365,205	2	1.6%	2
North Carolina	10,453,812	10,567,100	10,695,965	10,835,491	139,526	3	1.3%	5
Georgia	10,732,390	10,790,385	10,913,150	11,029,227	116,077	4	1.1%	10
South Carolina	5,132,151	5,193,848	5,282,955	5,373,555	90,600	5	1.7%	1
Tennessee	6,926,091	6,963,709	7,048,976	7,126,489	77,513	6	1.1%	8
Arizona	7,186,683	7,272,487	7,365,684	7,431,344	65,660	7	0.9%	12
Virginia	8,637,193	8,657,348	8,679,099	8,715,698	36,599	8	0.4%	23
Colorado	5,785,219	5,811,596	5,841,039	5,877,610	36,571	9	0.6%	18
Utah	3,283,982	3,339,284	3,381,236	3,417,734	36,498	10	1.1%	9

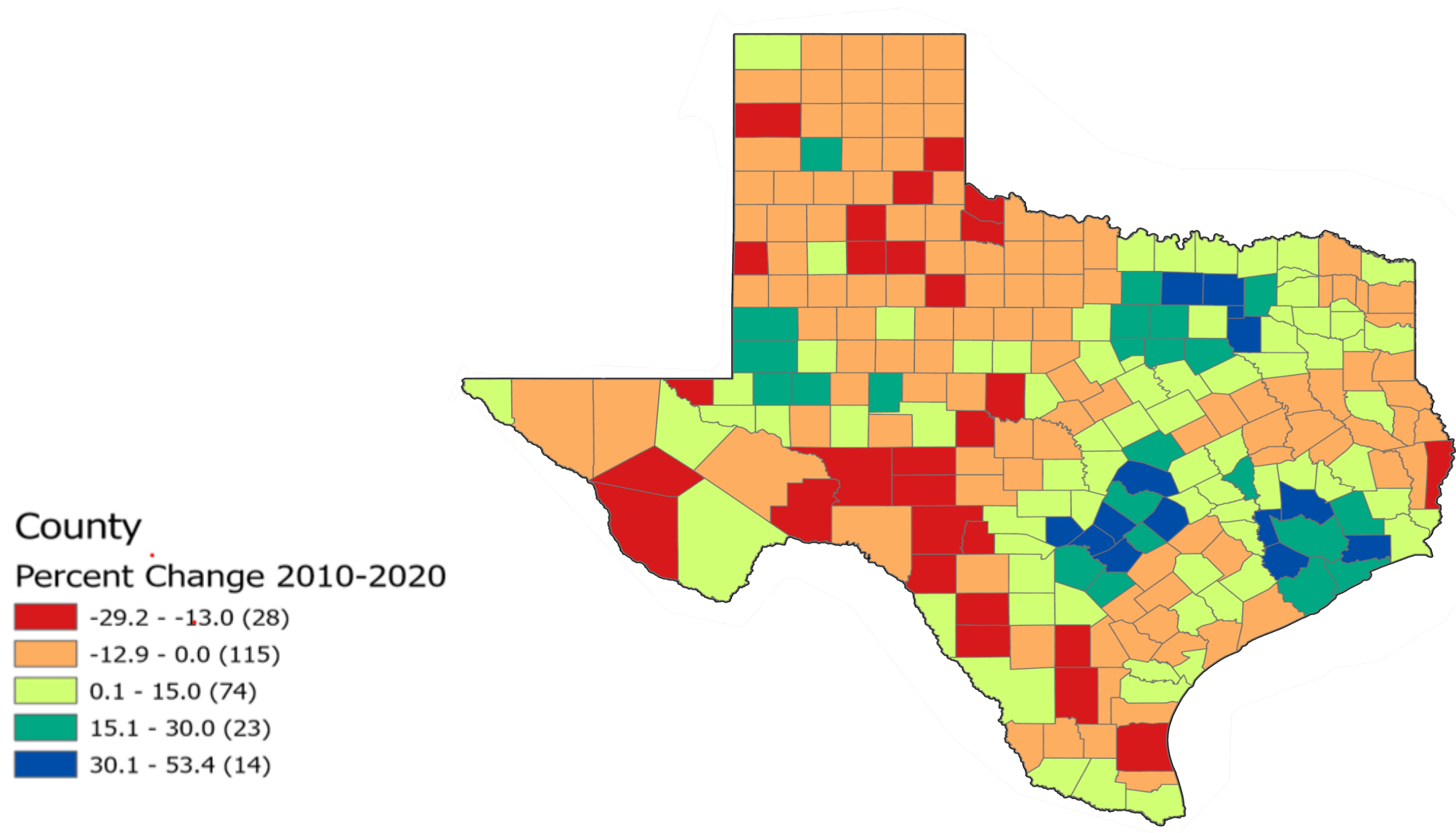
New Texans per day '20-'21 -> **902** '21-'22 -> **1,290** '22-'23 -> **1,297**

Numeric Change, Texas Counties, 2010-2020



SOURCE: US Census Bureau, 2010 and 2020 Census, P.L. 94-171
Redistricting Files

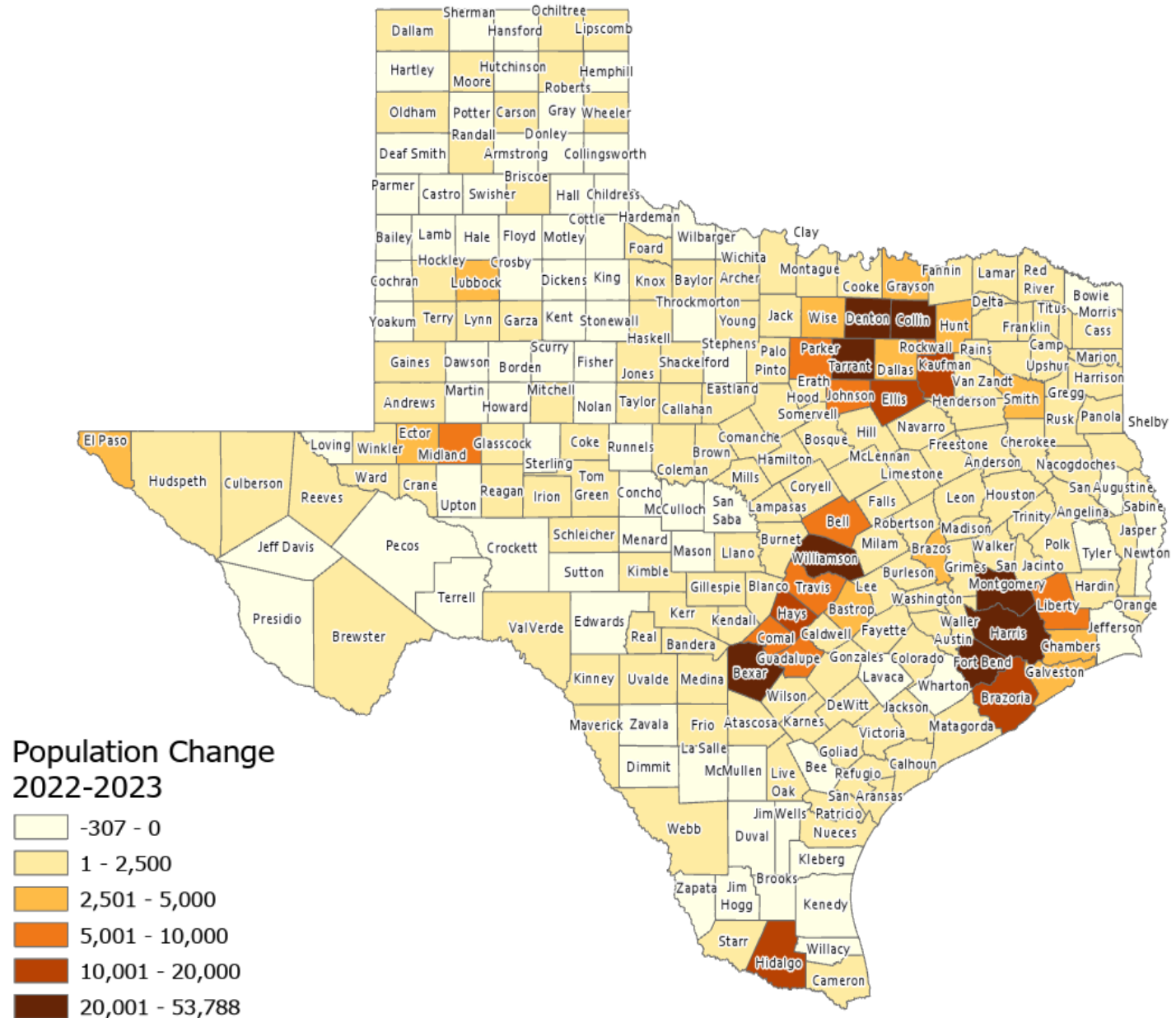
Percent Change, Texas Counties, 2010-2020



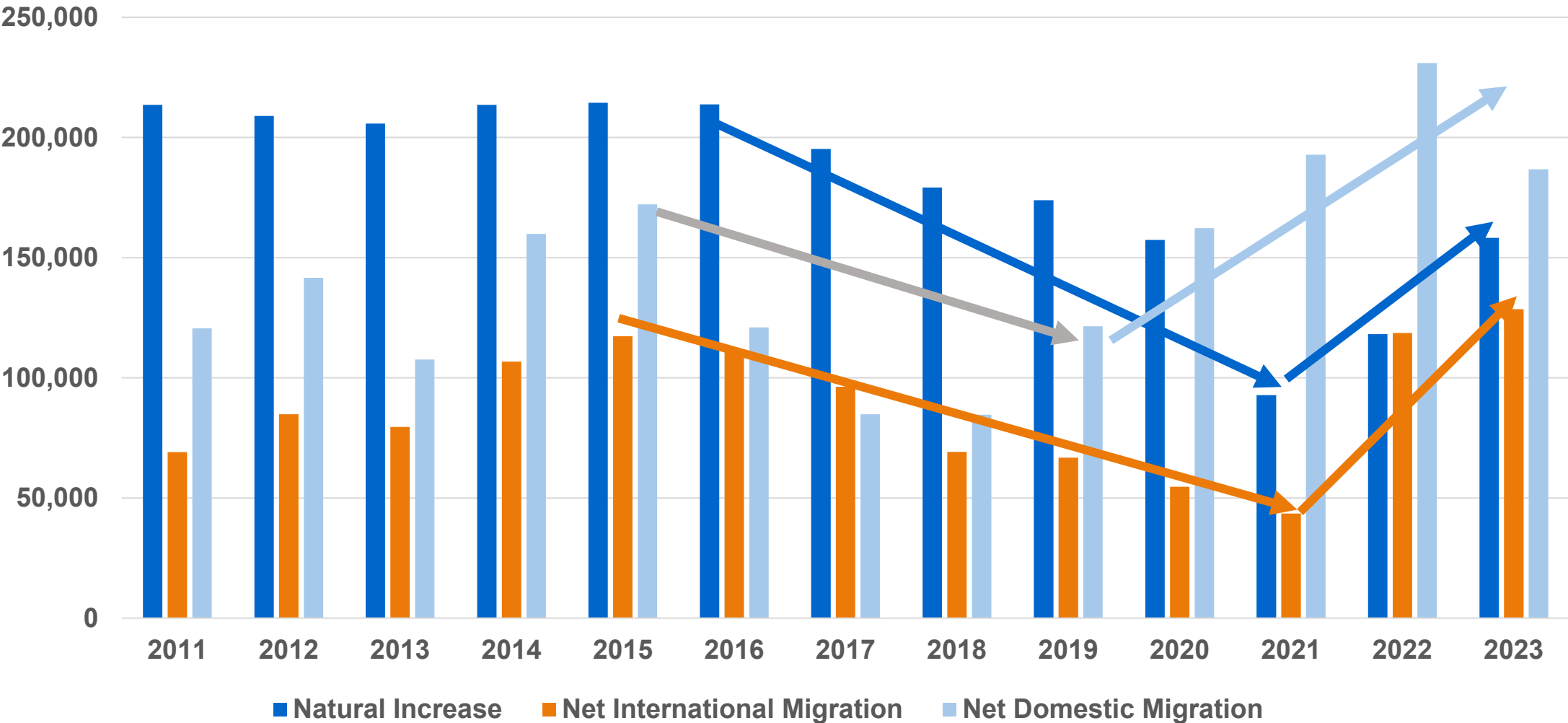
SOURCE: US Census Bureau, 2010 and 2020 Census, P.L. 94-171 Redistricting Files

Estimated Numeric Change, Texas Counties, 2022-2023

75 (35%) of Texas
counties lost population



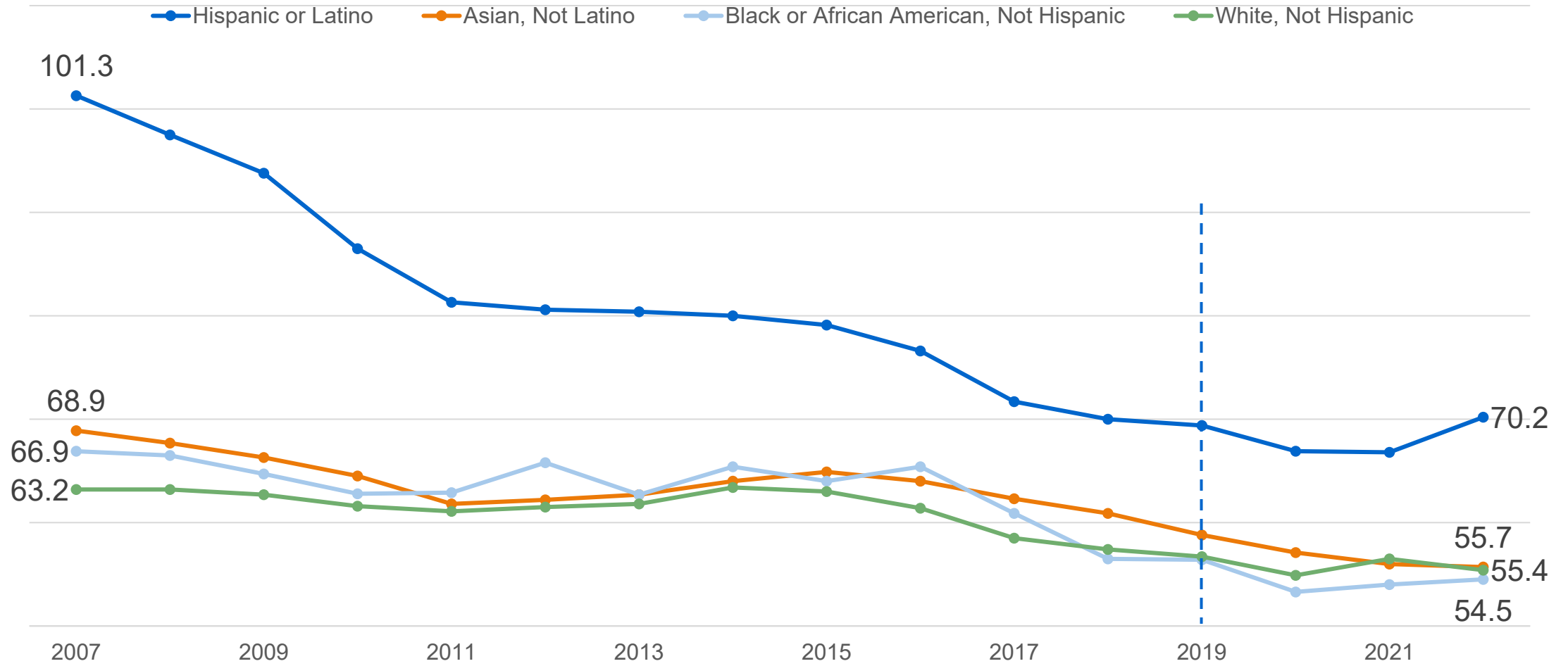
Components of Population Change, Texas, 2011 to 2023



Source: U.S. Census Bureau. Vintage 2020 and 2023 Population Estimates.

Texas Birth Rates, 2007-2022

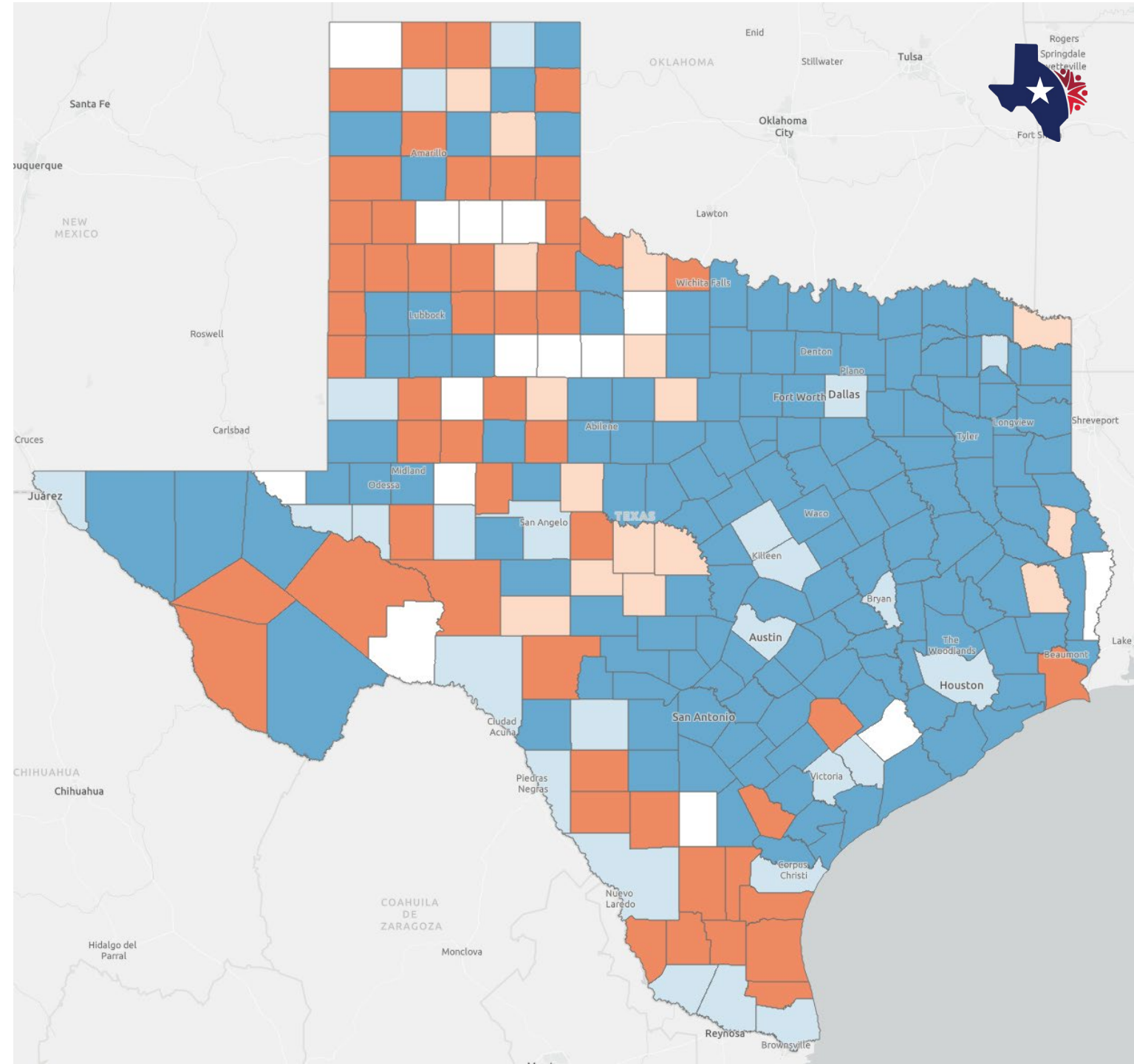
Births per 1,000 women aged 15-44



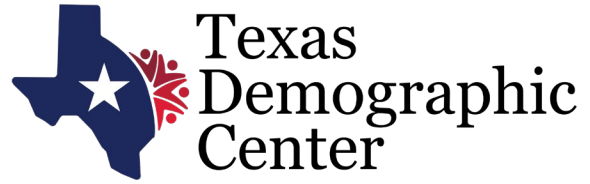
Source: Centers for Disease Control and Prevention, National Center for Health Statistics. Natality on CDC WONDER Online Database, 2007-2022.

Estimated Drivers of Population Change, Texas Counties, 2022-2023

- Population decline driven by out-migration
- Population decline driven by natural decrease
- Population change less than 10
- Population increase driven by natural increase
- Population increase driven by in-migration



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Senior Population in Texas



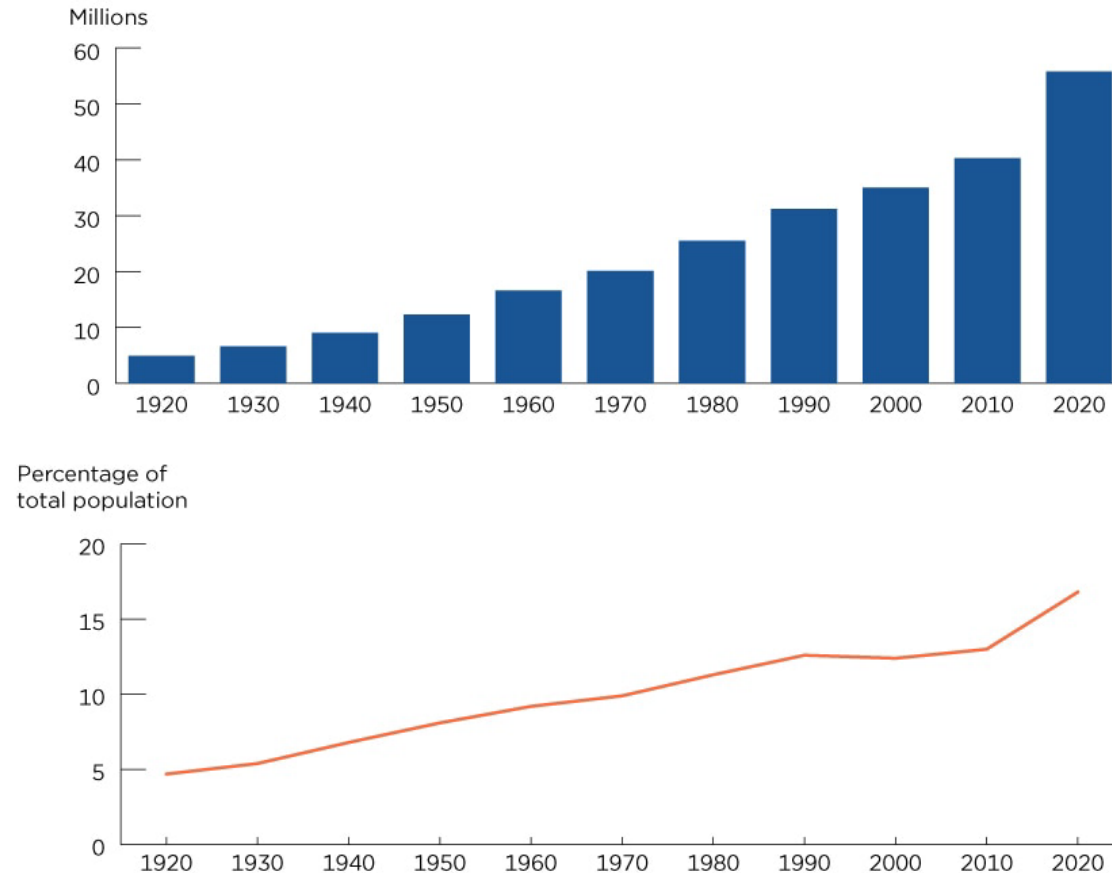


The Aging Population

- The U.S. population aged 65 and over grew nearly five times faster than the total population;
- Growth spike 2010-2020:
 - ✓ *Largest 10-year numerical growth*
 - ✓ *Largest growth in share*
 - ✓ *Fastest growth rates*

Figure 1.

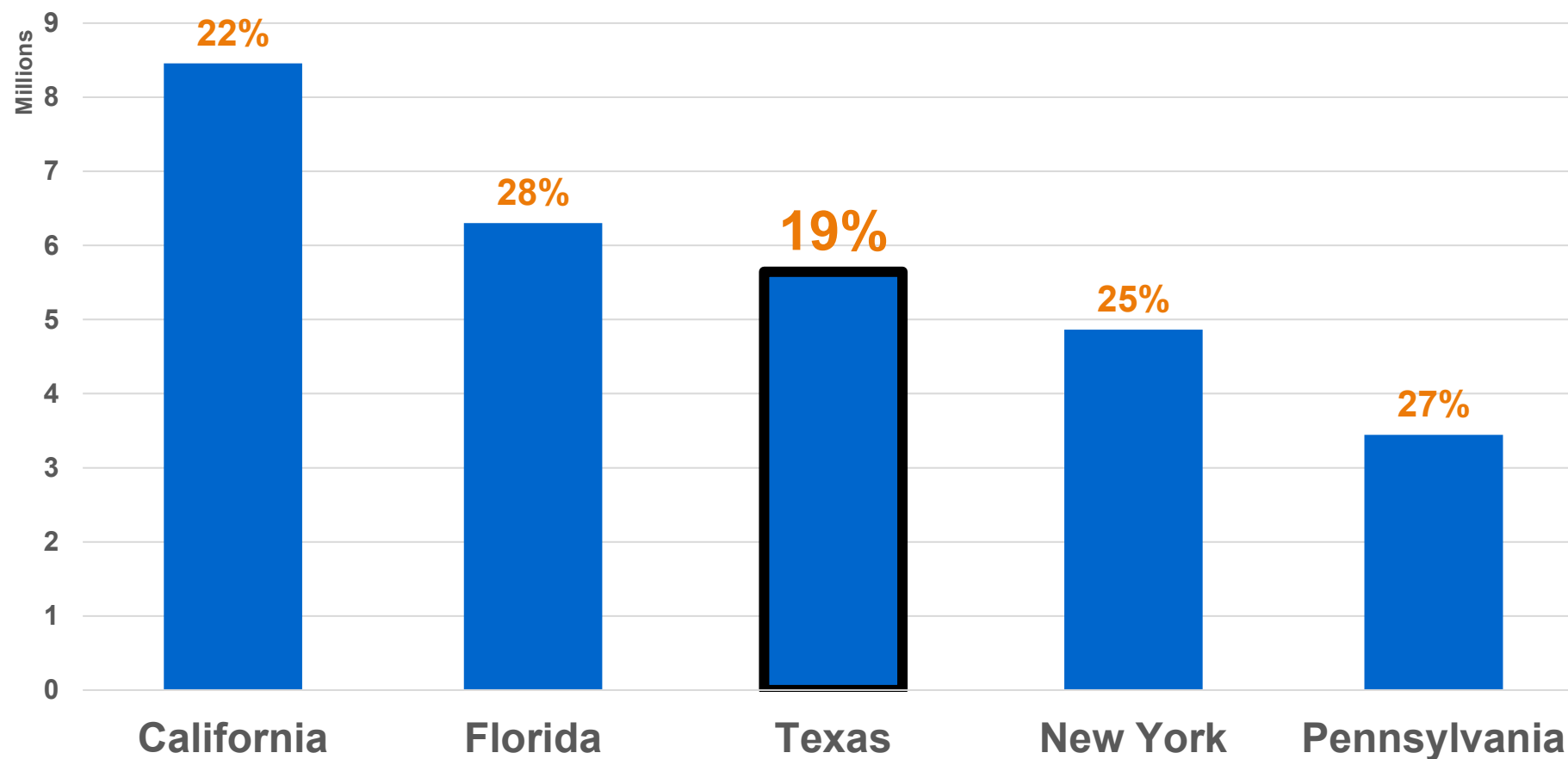
Population 65 Years and Over by Size and Percentage of Total Population: 1920 to 2020



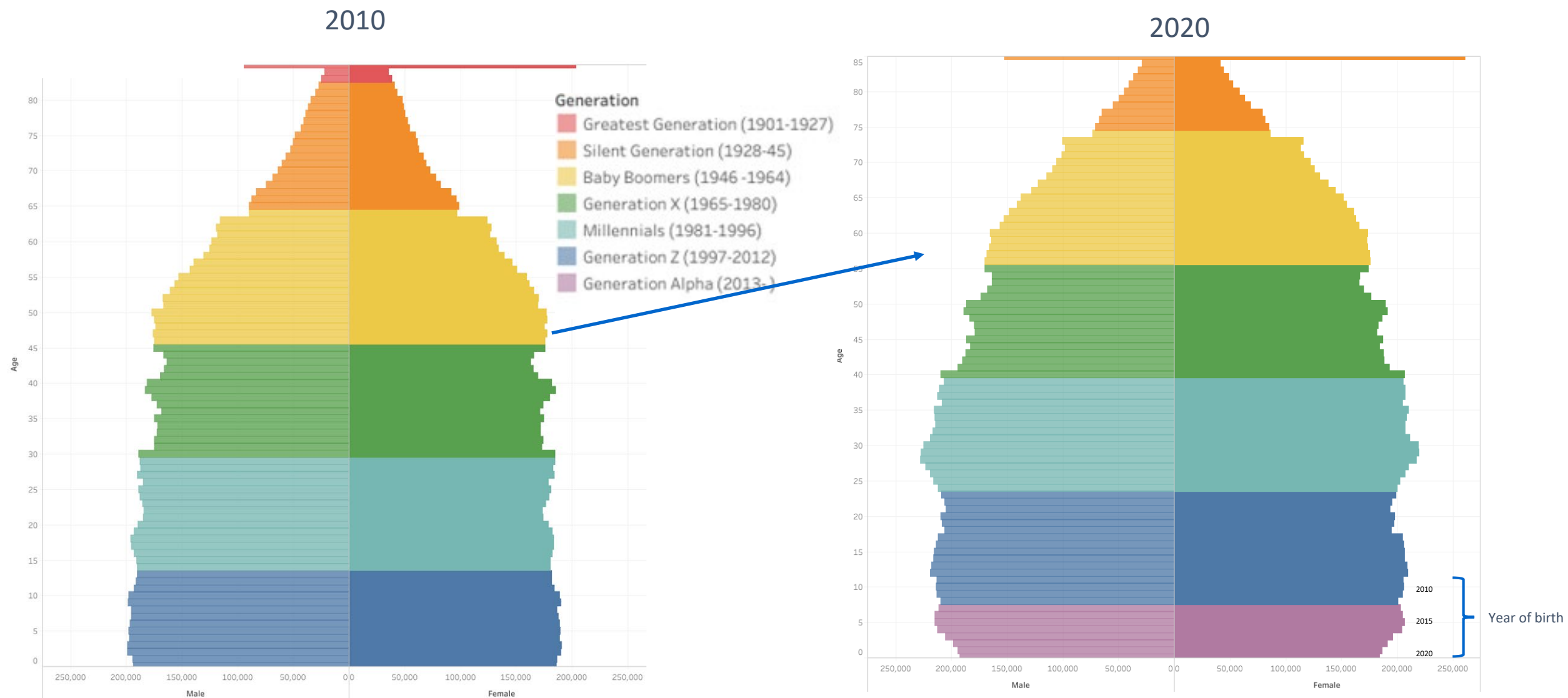
Note: For information on data collection, confidentiality protection, nonsampling error, and definitions, refer to <https://www2.census.gov/programs-surveys/decennial/2020/technical-documentation/complete-tech-docs/demographic-and-housing-characteristics-file-and-demographic-profile/2020census-demographic-and-housing-characteristics-file-and-demographic-profile-techdoc.pdf>.

Source: U.S. Census Bureau, Decennial Census of Population, 1900 to 2000; 2010 Census Summary File 1, and 2020 Census Demographic and Housing Characteristics File (DHC).

States with the Largest Population 50 yrs. and Older and Percent of Population in Their States

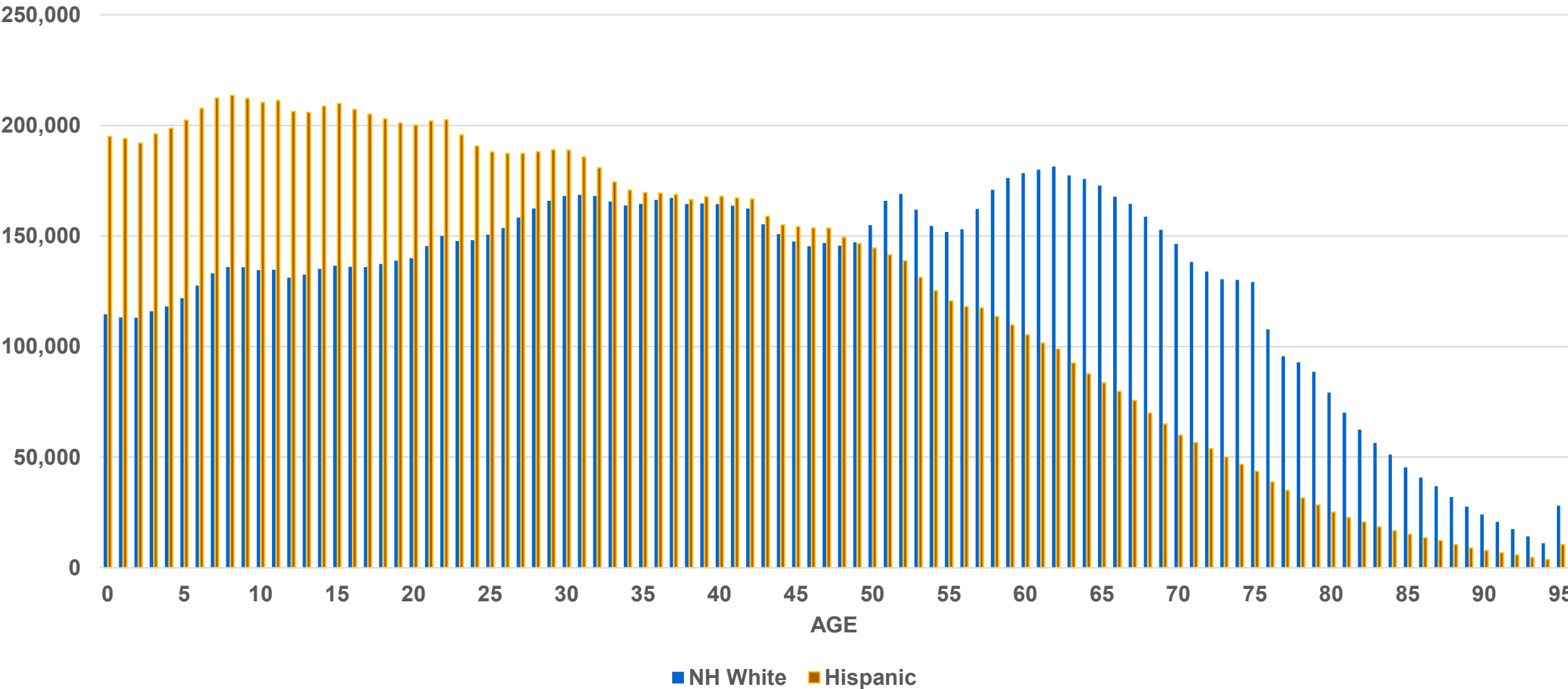


Generational Population Pyramids, Texas, 2010 and 2020



SOURCE: U.S. Census Bureau. 2010 and 2020 Vintage Population Estimates

Estimated Population by Age, NH White and Hispanic, Texas, 2023



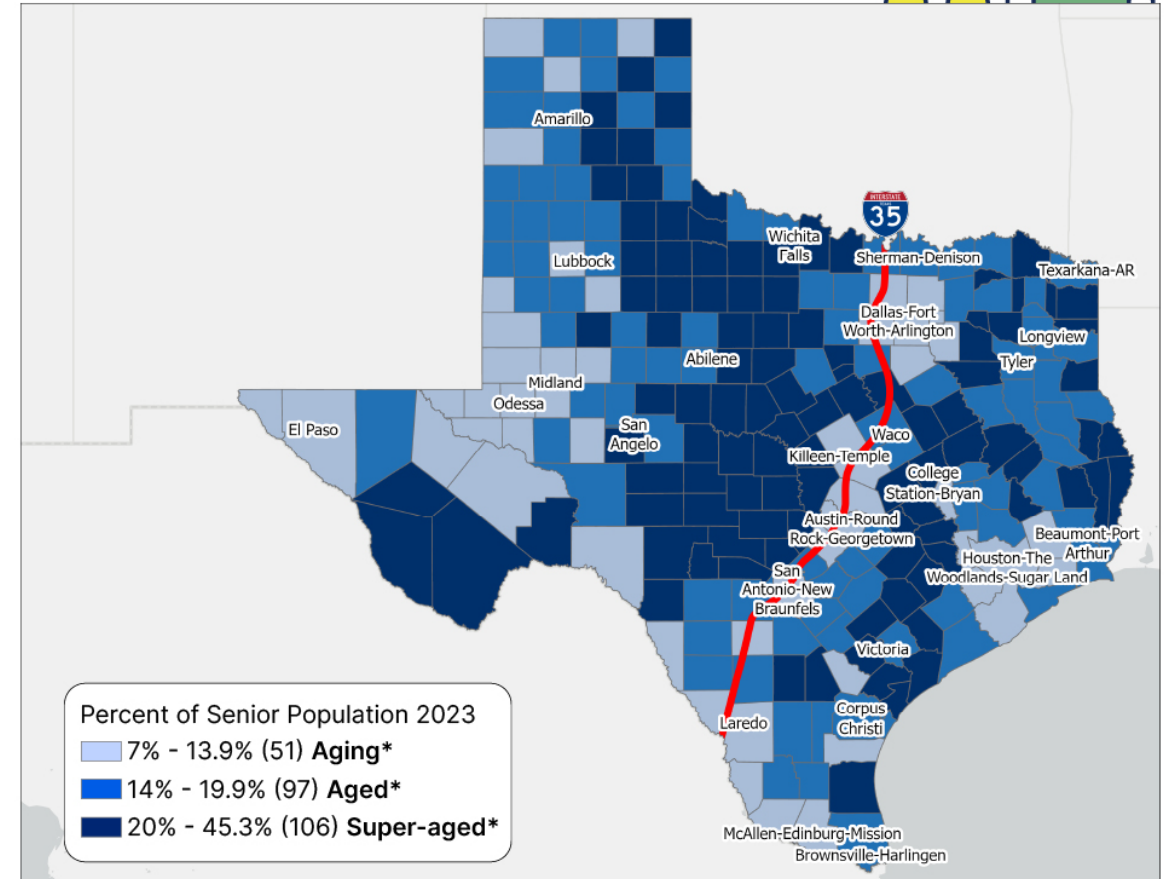
Source: Texas Demographic Center, Vintage 2023 Population Estimates,

Estimated Percent of Population 65 and Older, 2023

- Urban central counties, areas of the Permian Basin, and some border counties have the lowest rates of senior population.
- In contrast, rural and certain retirement counties have a higher percentage of residents aged 65 and older.

National Senior Citizens Day

Percent of Senior Population 65+ in Texas, 2023



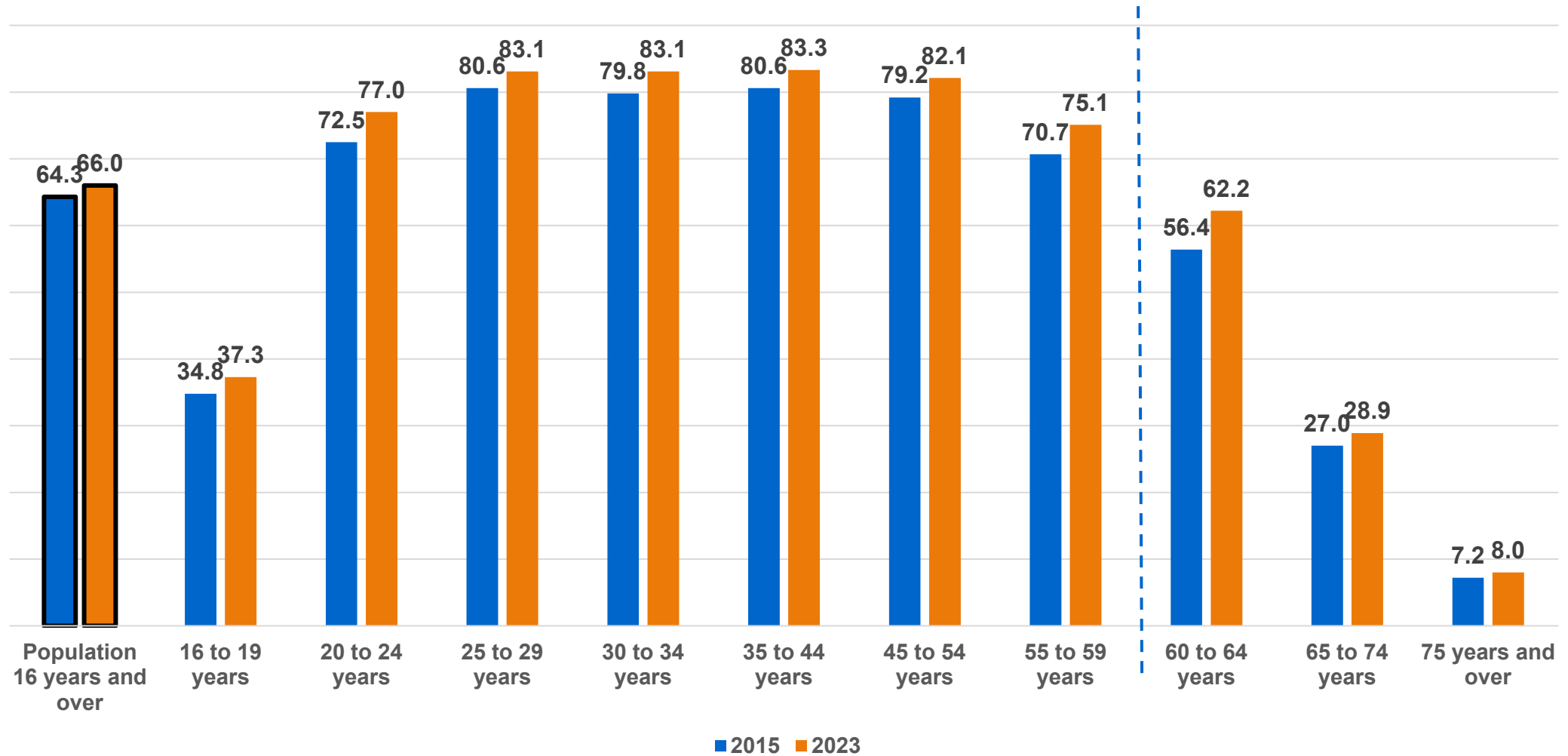
Source: U.S. Census Bureau. Vintage 2023 Population Estimates.

*The United Nations definition.

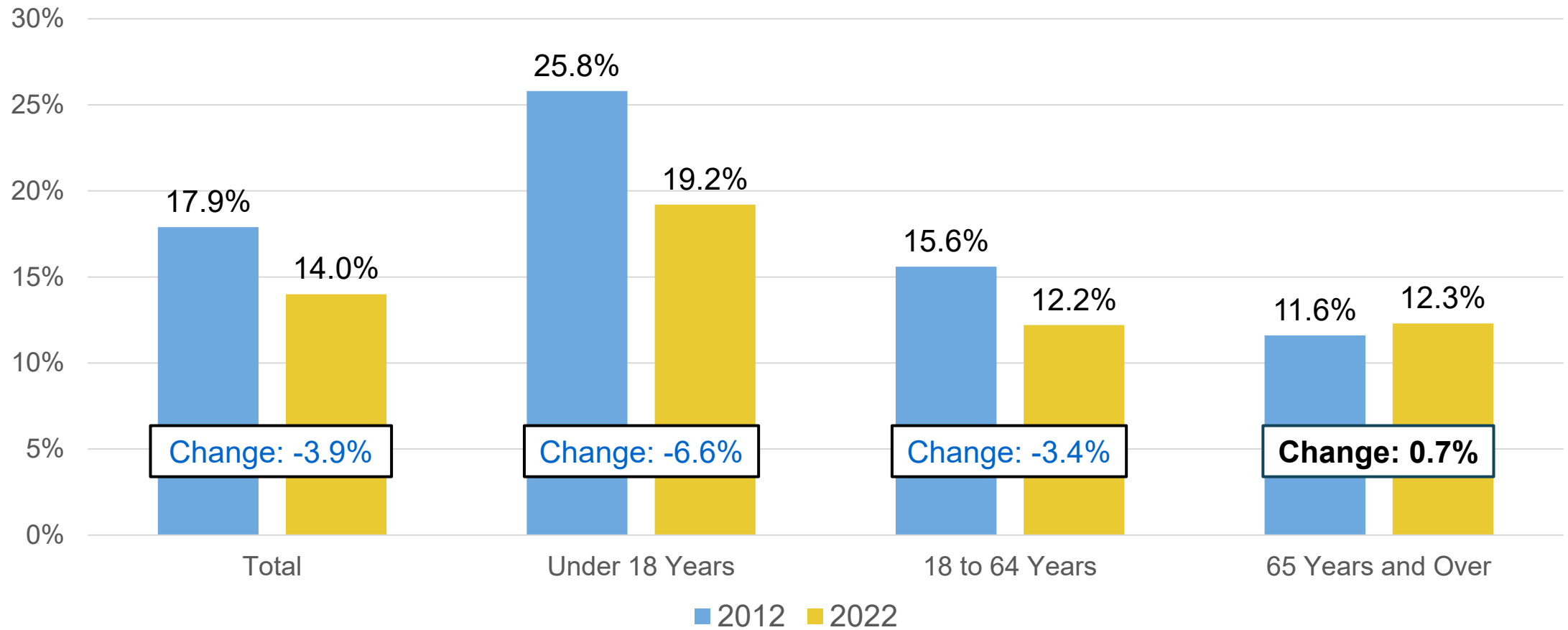
Created by the Texas Demographic Center.



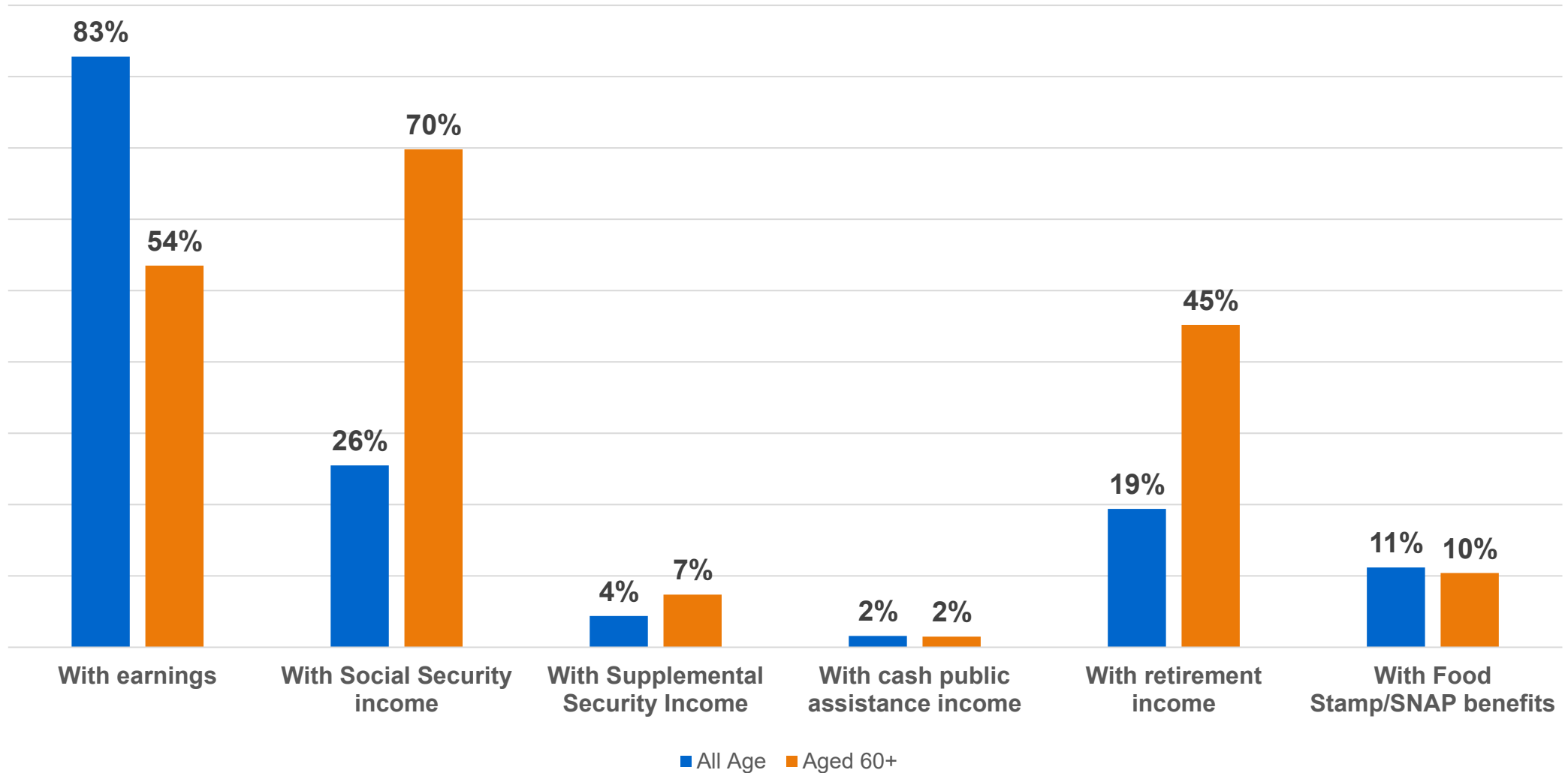
Labor Force Participation by Age, 2015 to 2023



Poverty Rates by Age Groups in Texas

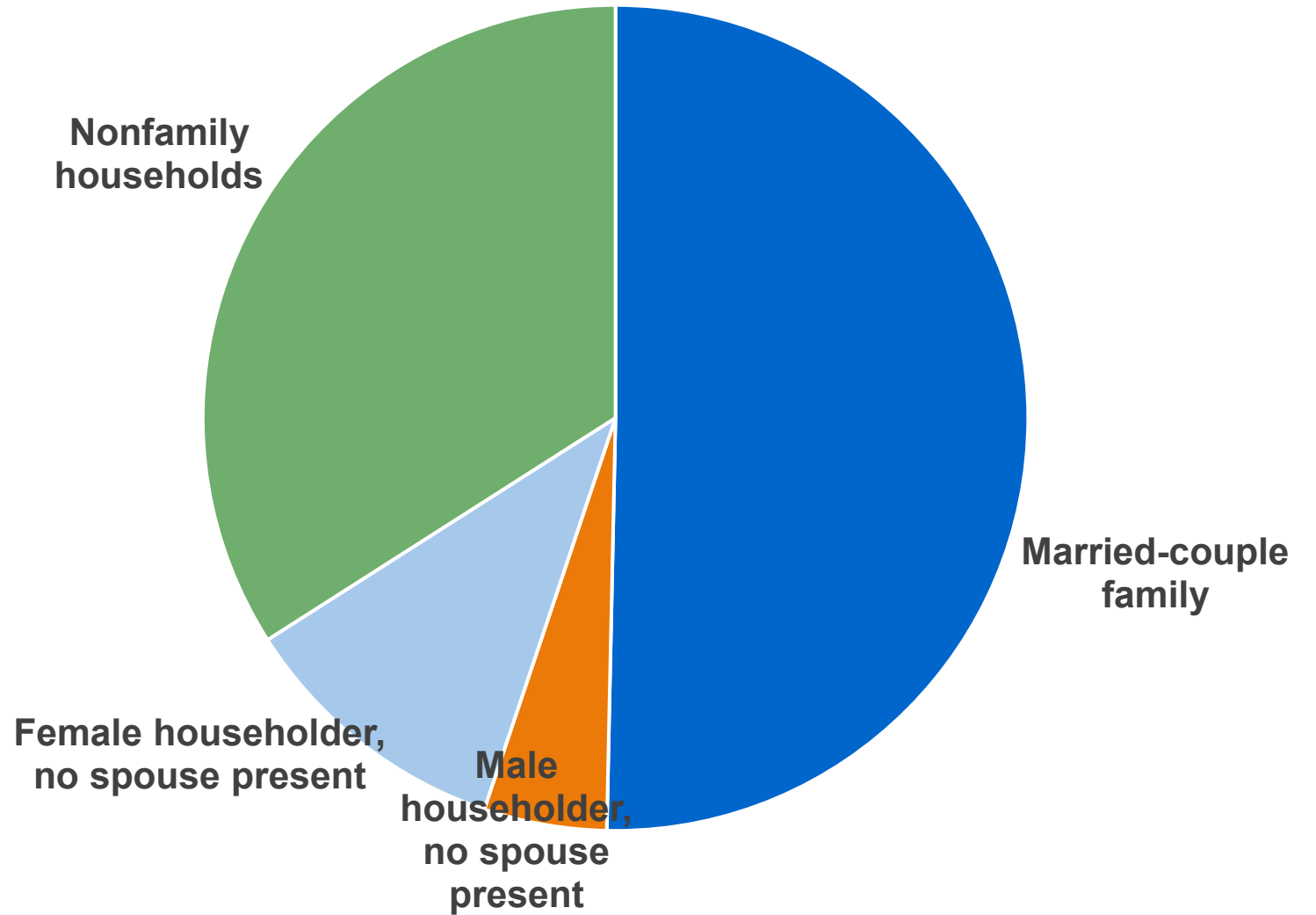


Percent of Households with Different Sources of Income



Households with one or more people 60 years and over

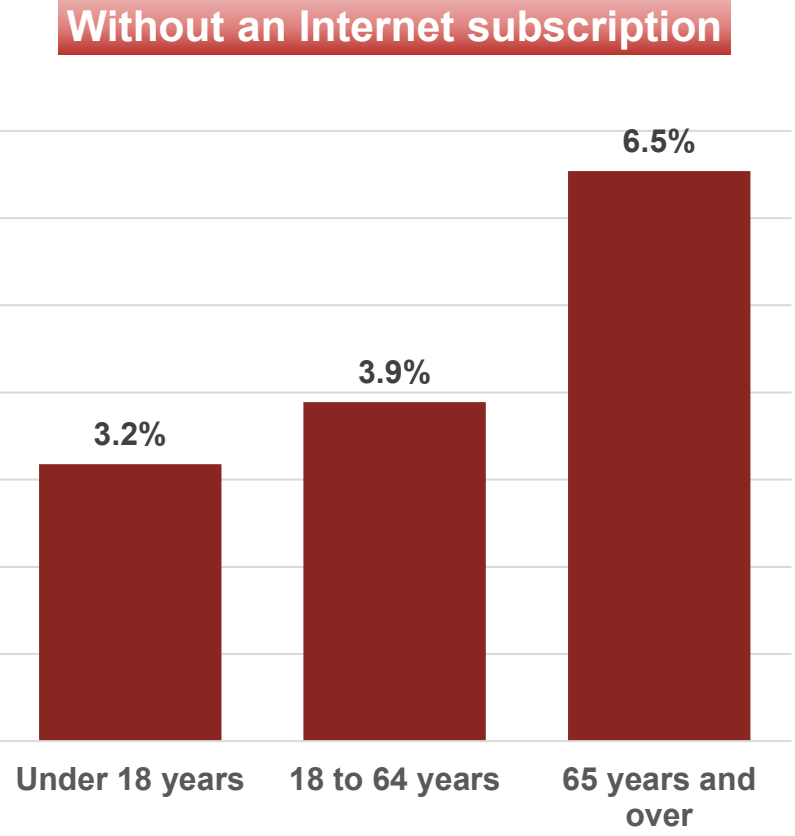
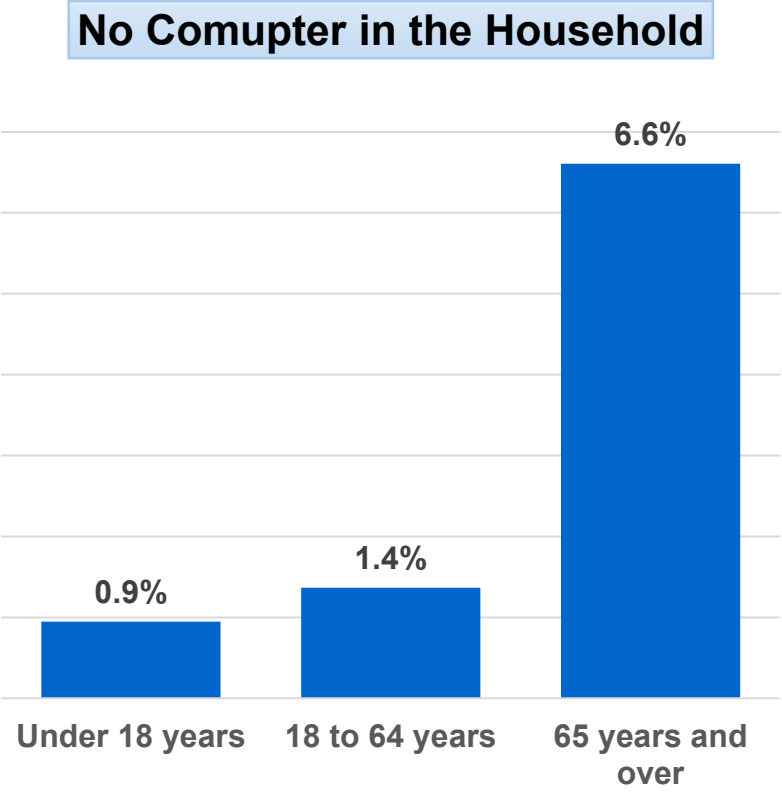
Among 11,260,645 households in Texas, 4,057,029 (36%) have one or more people aged 60 and over



Grandparents Responsible for Own Grandchildren, Texas

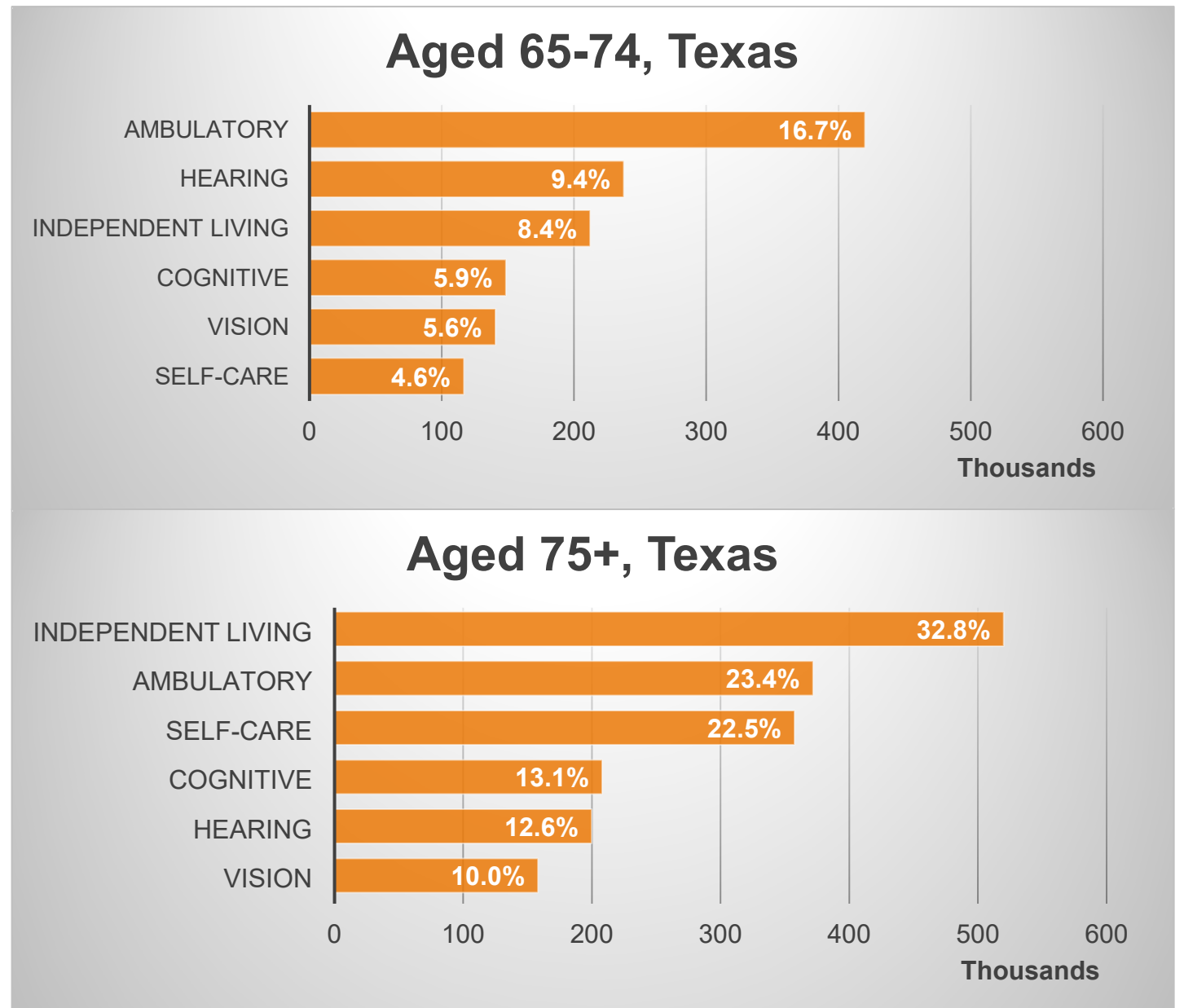
	Percent
GRANDPARENTS	
Grandparents responsible for grandchildren	33.40%
Years responsible for grandchildren	
Less than 1 year	6.00%
1 or 2 years	6.00%
3 or 4 years	5.40%
5 or more years	16.10%
Grandparents responsible for own grandchildren under 18 years	
Who are female	63.00%

Computer and Internet Subscription by Age of the Head of Household



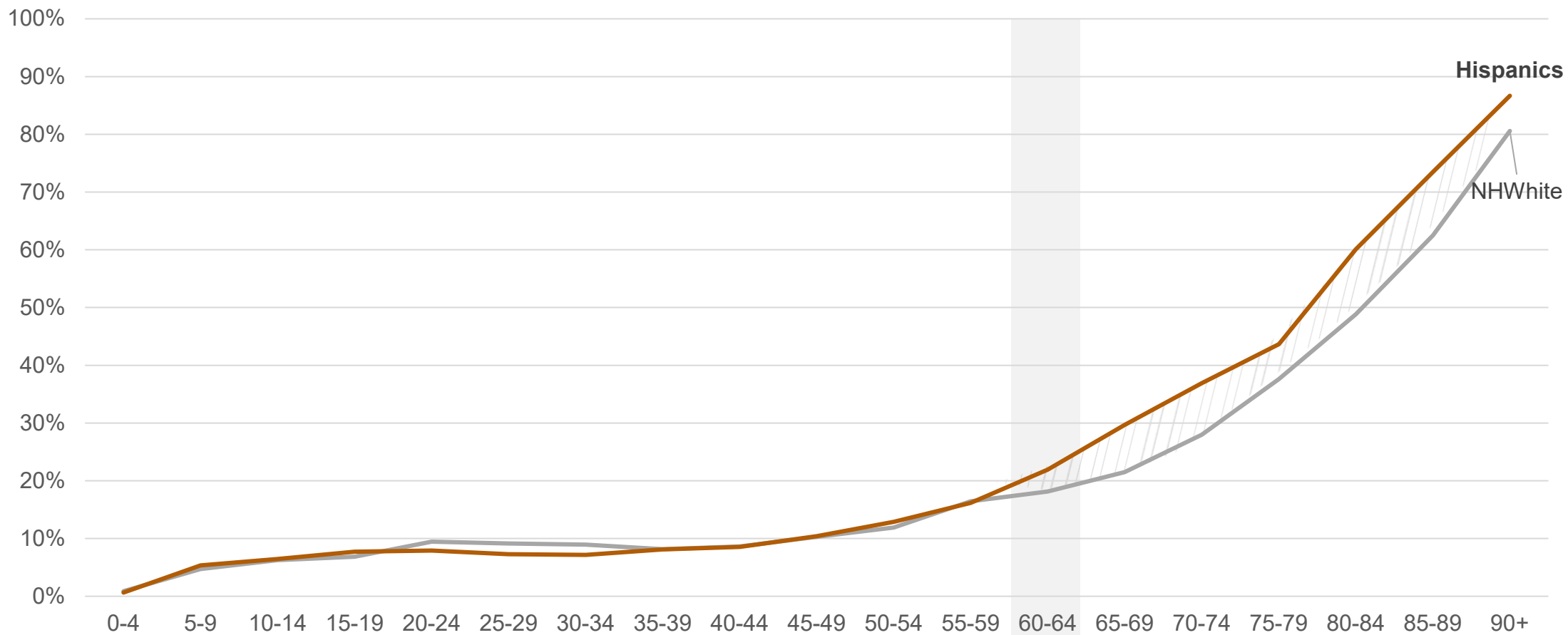
Source: U.S. Census Bureau, American Community Survey 1-Year Estimates, 2023

Population by Type of Disability among Population 65 and Older

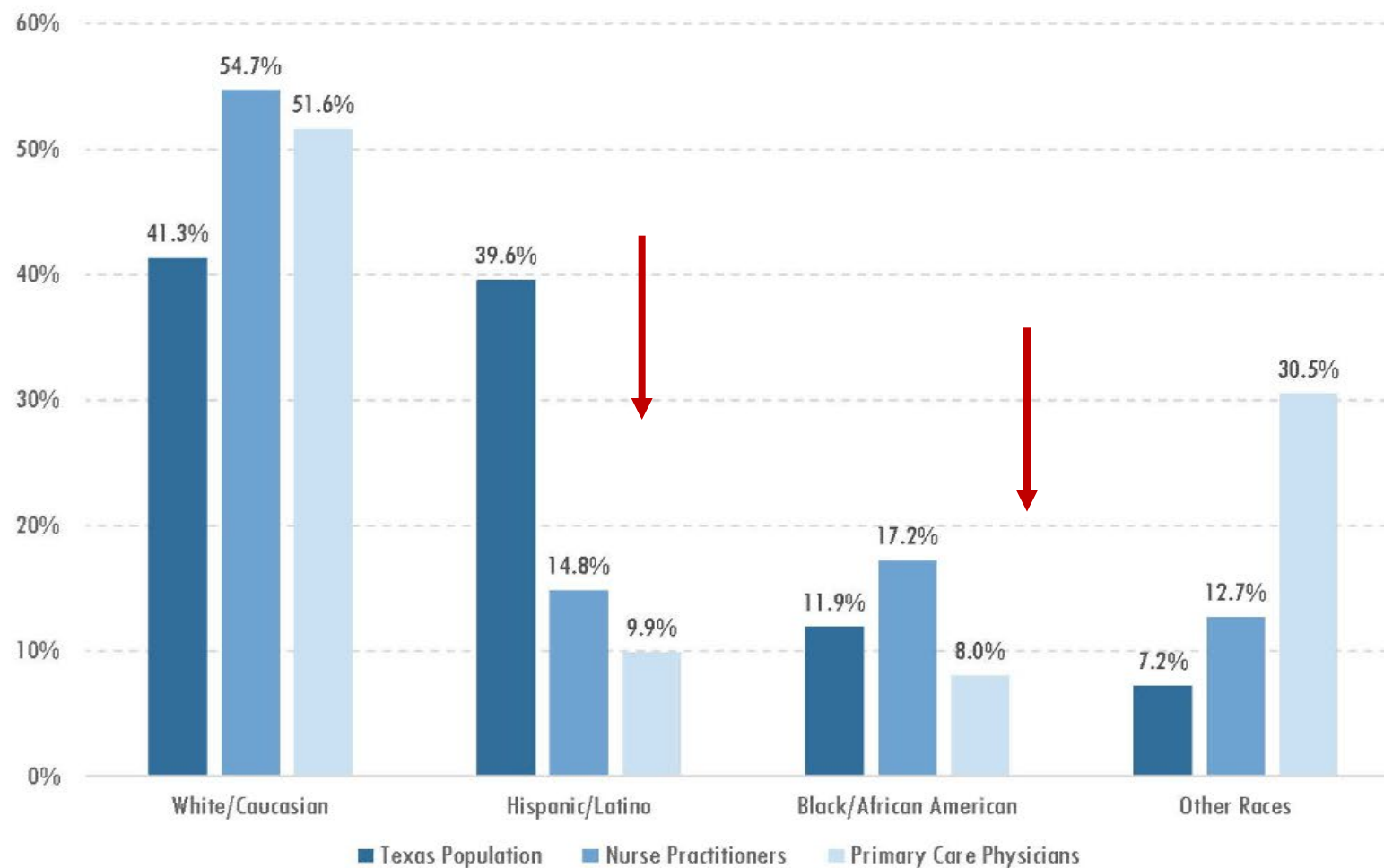


Disability Rate by Age in Texas, 2022

Hispanic disability rates increase faster in older age groups.



2019 NURSE PRACTITIONER,^{1,2} PRIMARY CARE PHYSICIAN,^{3,4} AND TEXAS POPULATION⁵ RACE/ETHNICITY DISTRIBUTION

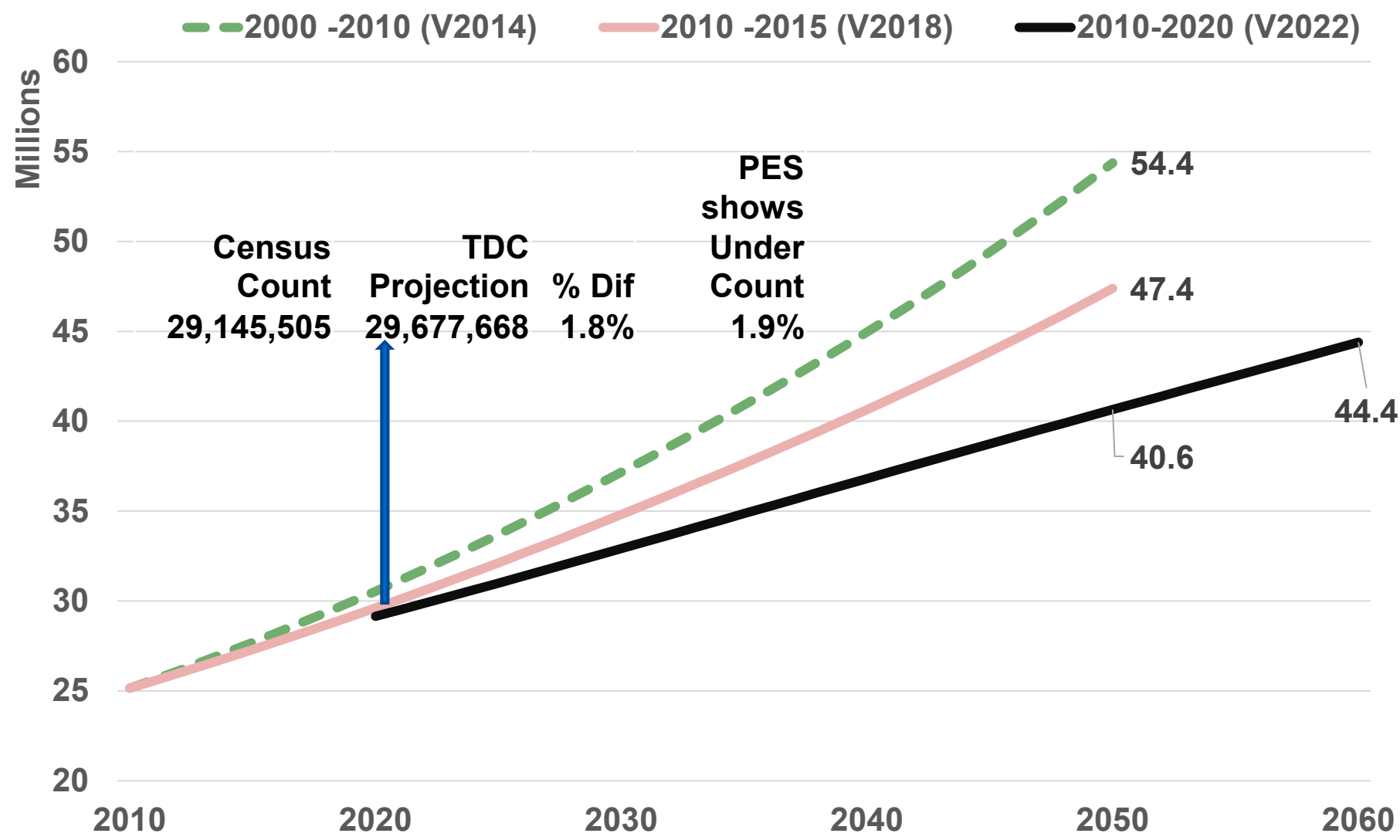




A Look into the Future

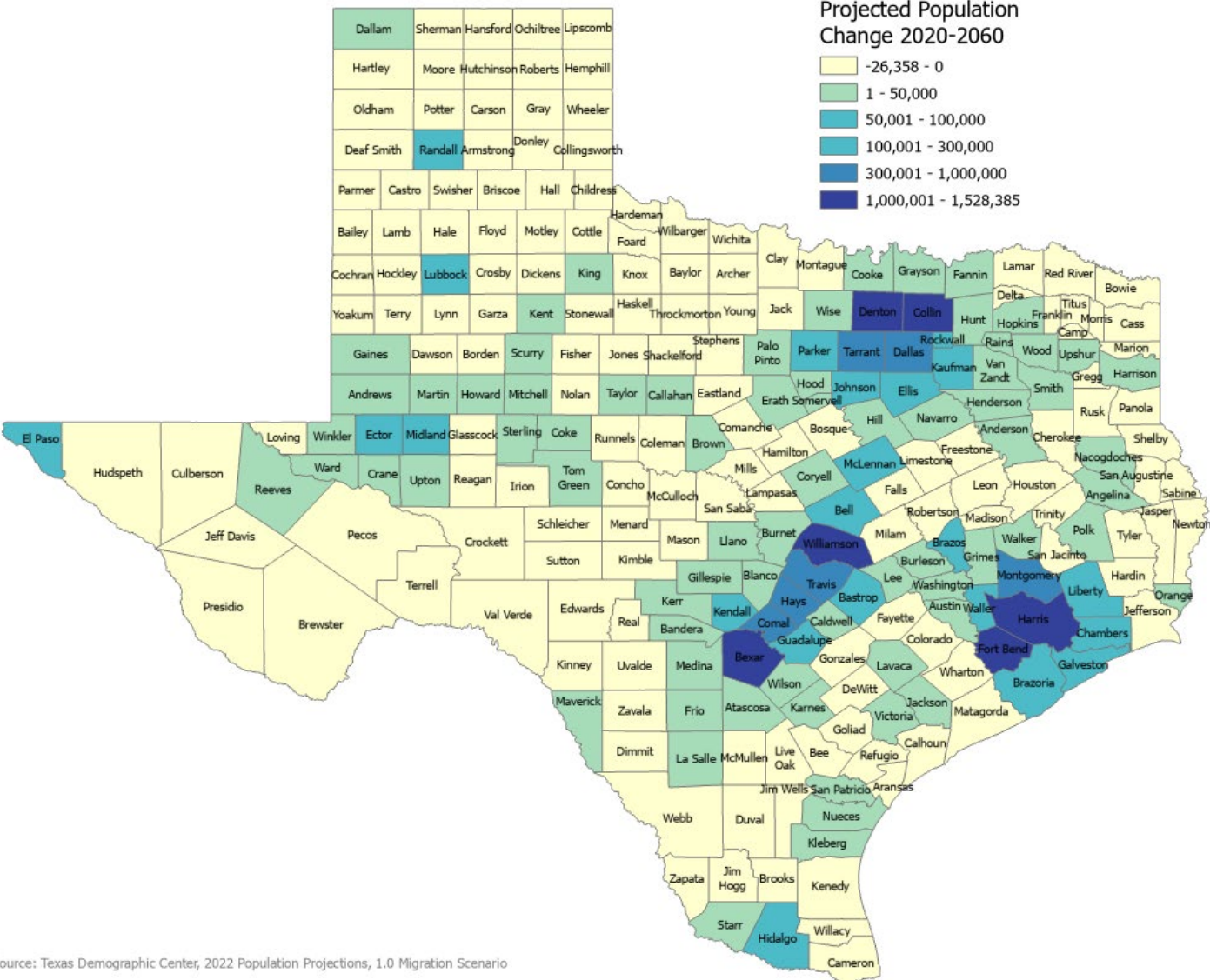


Projected Population Growth in Texas with Various Migration Scenarios

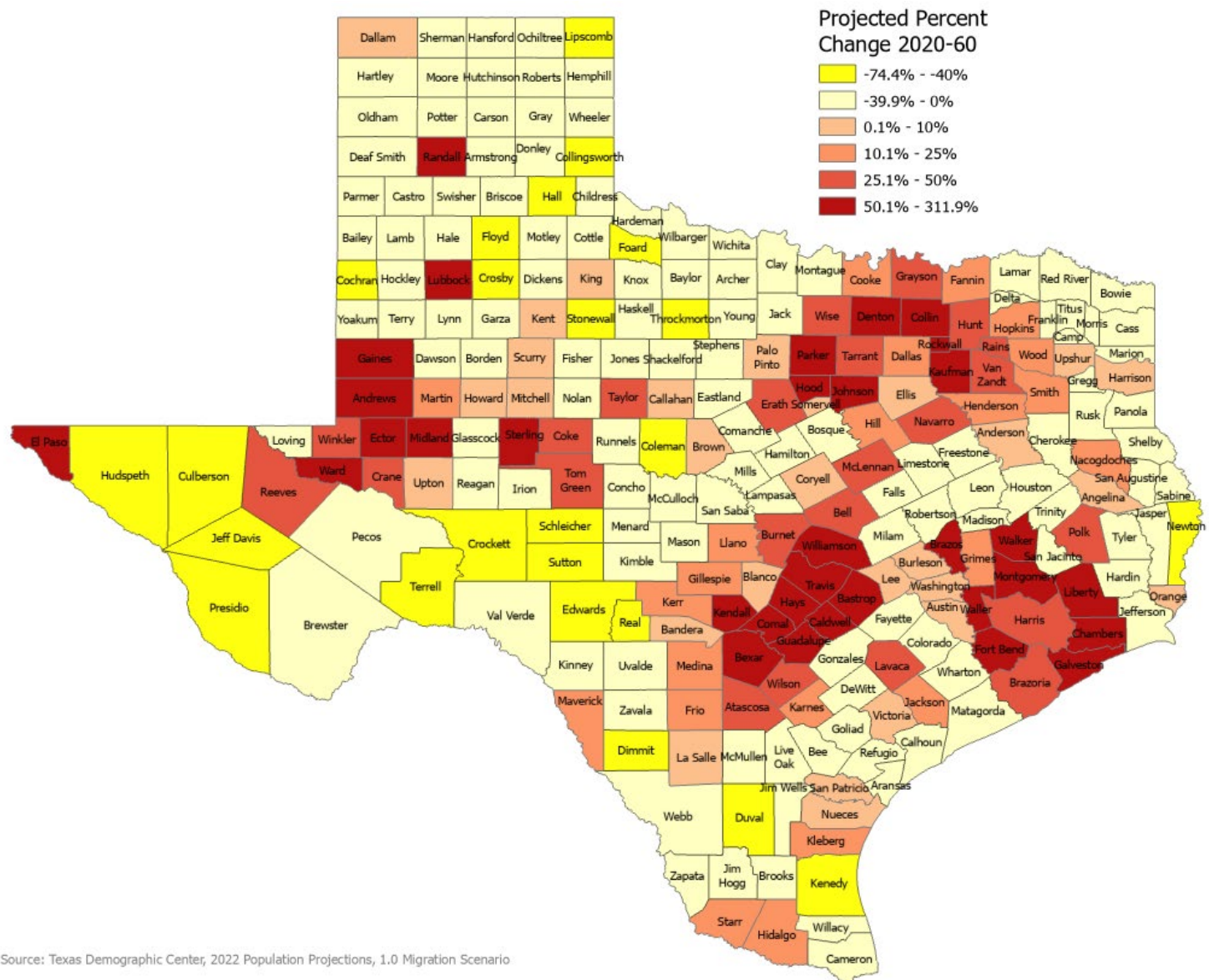


SOURCE: Texas Demographic Center, Vintage 2014 and 2018, 2022 Population Projections

Projected Population Change, Texas Counties, 2020-2060

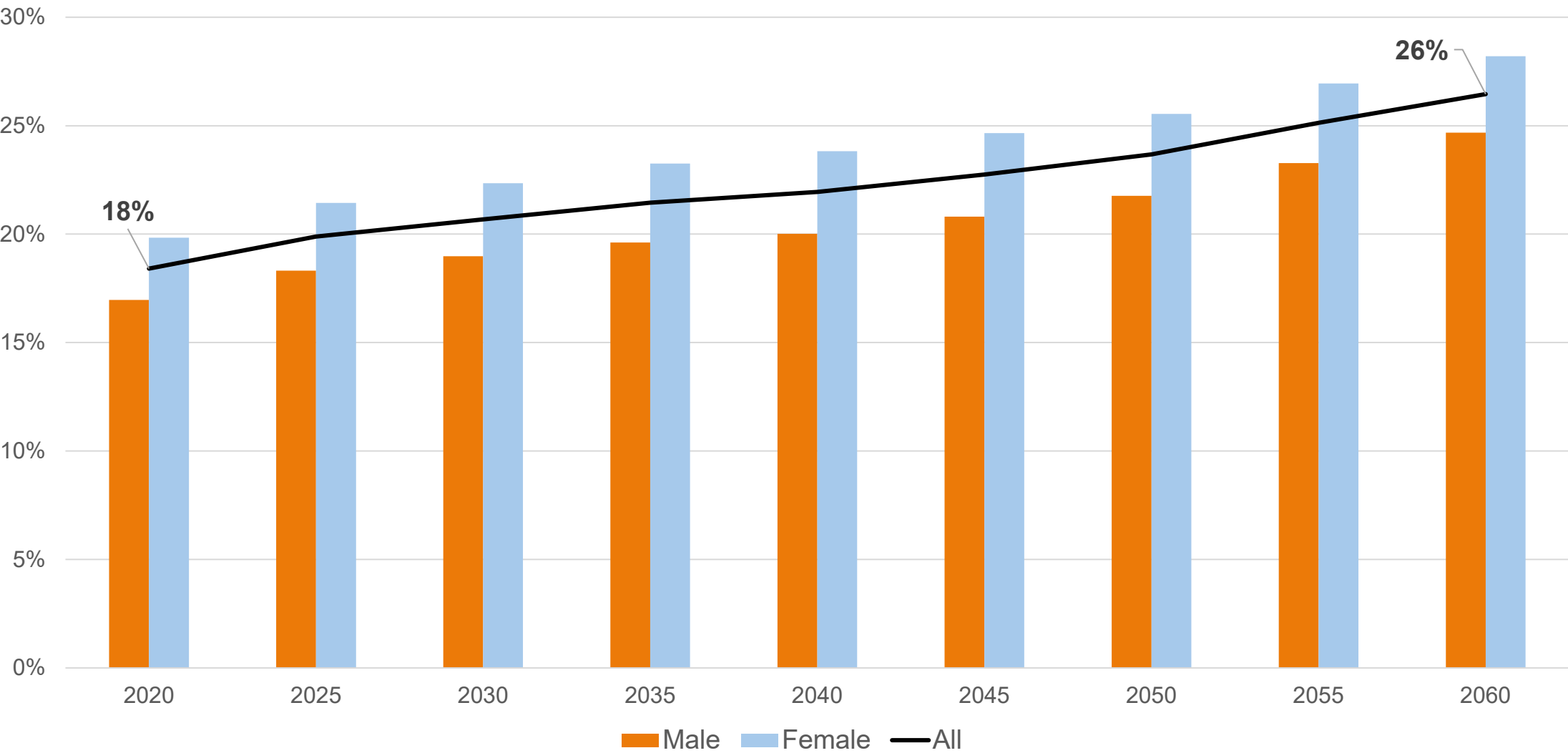


Projected Percent Population Change, Texas Counties, 2020-2060

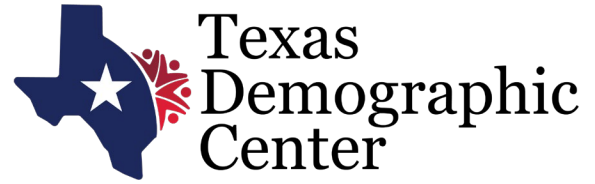


Source: Texas Demographic Center, 2022 Population Projections, 1.0 Migration Scenario

Percent of the Population Aged 60 and Older, Texas, 2020-2060



SOURCE: Texas Demographic Center, Vintage 2022 Population Projections



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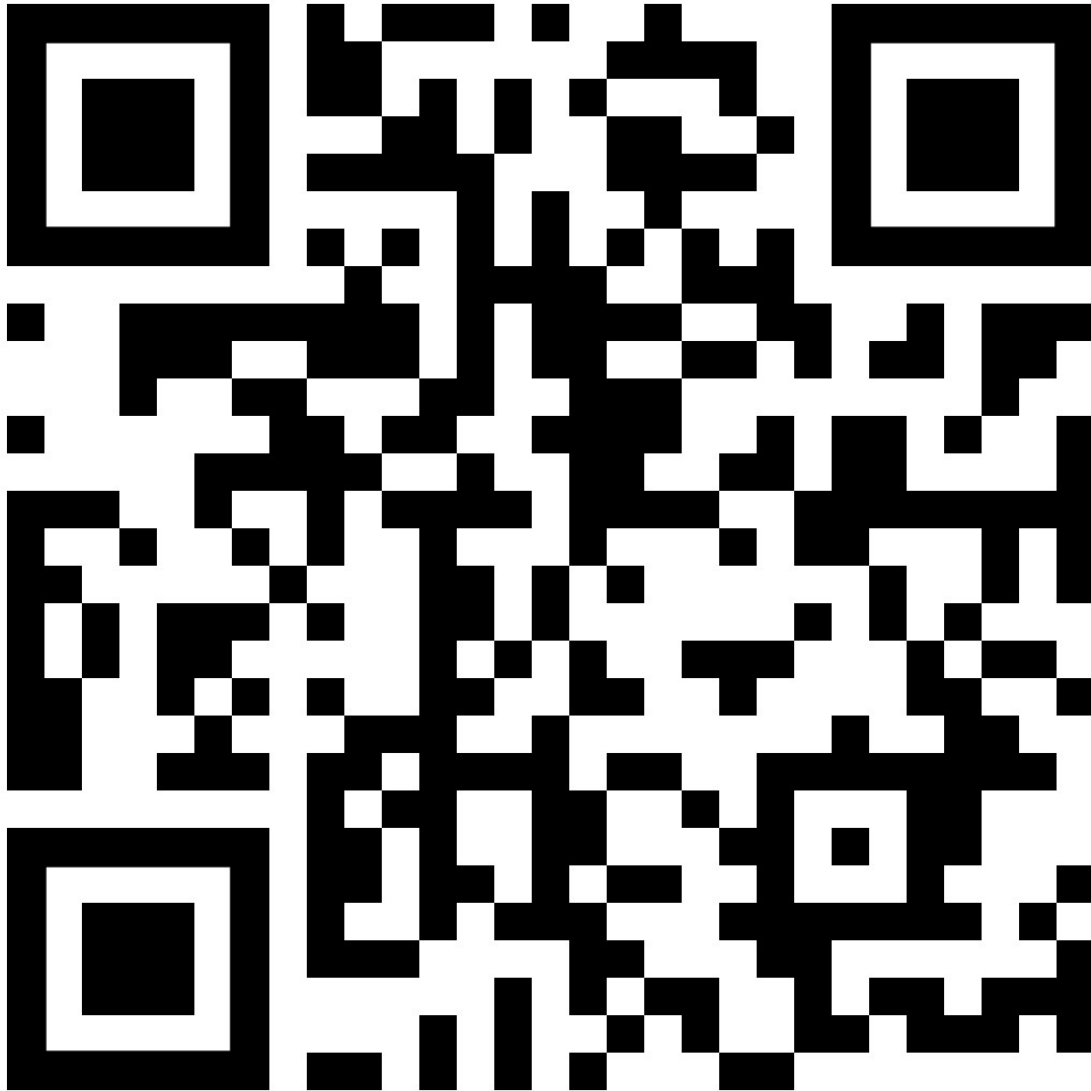
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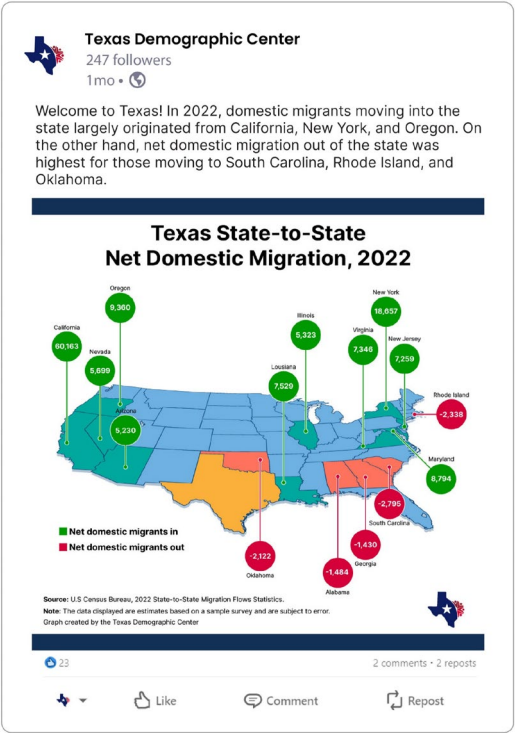
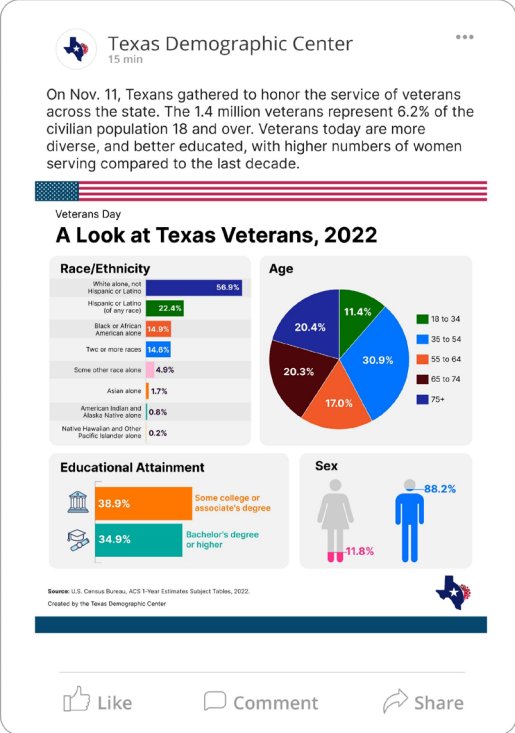
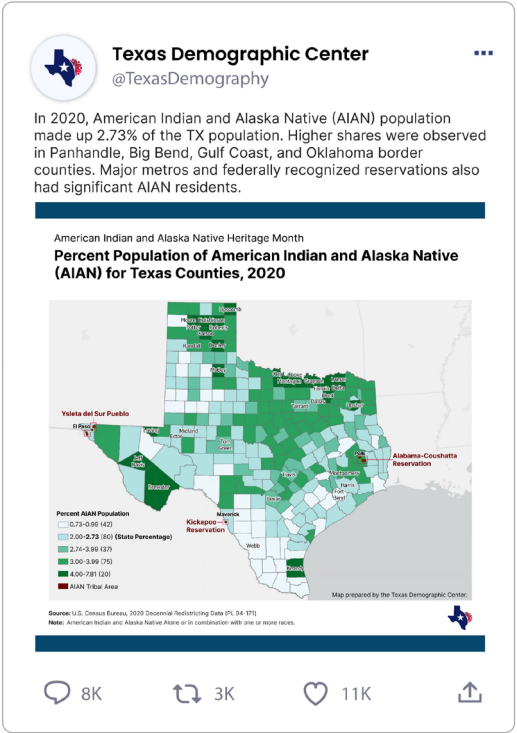
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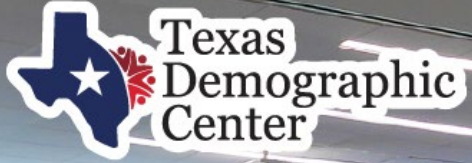


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