

Diversity and Aging in Texas

Texas is one of the youngest states in the country, but it is also aging. Strong workforce in-migration and a young diverse population help to keep the state's median age lower than most other states. The latest population estimates from the Texas Demographic Center help to highlight the state's continued diversity and aging trends. Between 2010 and 2018, the 65 plus age category had the greatest increase and grew at the fastest rate compared to younger age groups. During this same time period, all race/ethnicity groups saw increases in every age group, except for non-Hispanic (NH) Whites. In the last eight years, NH Whites have decreased in the age groups Under 18 and 45 to 64 years but had the most significant growth in the 65 plus age category.

